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Code Code	Title	Venue	Start Date	Week Days	Start Time	Finish Time	Course Length	Full Fee	Concess Fee	Brief description – full details available at www.milton-keynes.gov.uk/ace
Health and Complementary Therapies										
A2B207XA	Counselling - an Introduction	Rivers ACE Centre	18/09/2012	Tu	19:00	21:00	10 wks	£105	£84	Develop your active listening skills and find out what further training you could do
A2E203XA	Emergency First Aid At Work	Rivers ACE Centre	23/11/2012	Fr	10:00	16:00	1 day	£40	£32	You will receive a certificate and manual upon successful completion
A2F204XA	Massage - an Introduction	Rivers ACE Centre	22/09/2012	Sat	10:00	16:00	1 day	£40	£32	Learn basic massage techniques
A2B205XA	Massage - Beginners	Rivers ACE Centre	02/10/2012	Tu	19:00	21:00	4 wks	£42	£34	Learn the basic principles and techniques
A2B206XA	Massage - Improvers	Rivers ACE Centre	06/11/2012	Tu	19:00	21:00	4 wks	£42	£34	Expand your knowldege of massage therapy
A2B200WA	Meditation & Visualisation Techniques	MK Academy	18/09/2012	Tu	19:00	21:00	10 wks	£105	£84	For relaxation, renewed energy and self understanding
A2C201XA	Reiki Practitioners - Level 1	Rivers ACE Centre	19/09/2012	We	12:30	15:00	5 wks	£63	£50	Learn how to channel the Reiki energy
A2C202XA	Reiki Practitioners - Level 2	Rivers ACE Centre	07/11/2012	We	12:30	15:00	5 wks	£63	£50	Move on from Level 1 to qualify as a Reiki practtioner
Science and Navigation										
B2B201WQ	Science GCSE	MK Academy	18/09/2012	Tu	18:30	21:00	3 terms	£330	£0	
B2C200CQ	Science GCSE	Stantonbury Campus	19/09/2012	We	18:30	21:00	3 terms	£330	£0	
H2B206WA	RYA Dayskipper	MK Academy	25/09/2012	Tu	19:00	21:00	22 wks	£231	£185	Fee includes core book and test costs
H2F205XA	RYA Yachtmaster	Rivers ACE Centre	24/11/2012	Sat	10:00	16:00	7 wks	£250	£208	Fee includes core book and test costs
Flowers and Gardens										
C2D204XA	Floral Design - Bridal Flowers	Rivers ACE Centre	20/09/2012	Th	14:00	16:30	6 wks	£79	£63	Create floral arrangements, bouquet etc for that special day
C2C203CA	Floral Design - Christmas Table Arrangements	Stantonbury Campus	21/11/2012	We	18:45	21:15	2 wks	£32	£26	Create stunning festive displays!
C2F205XA	Floral Design - Wreaths for Christmas	Rivers ACE Centre	15/12/2012	Sat	10:00	16:00	1 day	£40	£32	Escape the crowds and immerse yourself in Christmas greenery
C2C202CA	Floristry - Improvers	Stantonbury Campus	19/09/2012	We	18:45	21:15	8 wks	£105	£84	Contemporary floral designs with a difference
C2C201XA	Garden Design - Order in your Border	Rivers ACE Centre	20/09/2012	We	12:30	14:30	10 wks	£105	£84	Analyse your soil, design and plan your planting for year round colour
C2F206XA	Garden Scrimping	Rivers ACE Centre	24/11/2012	Sat	10:00	16:00	1 day	£40	£32	Money saving tips - grow more and spend less
C2F211GA	Herbalism - an Introduction	Great Linford Arts Workshop	15/09/2012	Sat	10:00	16:00	1 day	£40	£32	Learn about the history of traditional herbal medicine and how to identify common medicinal plants; includes short herb walk
C2B207XA	Herbalism for Beginners	Rivers ACE Centre	25/09/2012	Tu	19:00	21:00	5 wks	£53	£42	Learn about the history of traditional herbal medicine and how to identify common medicinal plants
C2B209XA	Practical Herbalism - Autumn/Winter	Rivers ACE Centre	06/11/2012	Tu	19:00	21:00	5 wks	£53	£42	Cough syrups and tonics for the cold months
C2G208XA	Herbalism - Winter Remedies	Rivers ACE Centre	25/11/2012	Su	11:00	15:00	1 day	£25	£20	How to gather, dry and prepare wild herbs for soothing teas and syrups
Computer Skills and Digital Media										
Free First Steps courses										
F2F216XF	Introduction to Computers - First Steps	Rivers ACE Centre	26-Sep-12	We	10:00	12:00	5 wks	£0	£0	A gentle, fun introduction to using a computer
F2F217CF	Introduction to Computers - First Steps	Stantonbury Campus	07-Nov-12	We	19:00	21:00	5 wks	£0	£0	A gentle, fun introduction to using a computer
F2C416XF	Introduction to Computers - First Steps	Rivers ACE Centre	16-Jan-13	We	10:00	12:00	5 wks	£0	£0	A gentle, fun introduction to using a computer
F2F401MF	Introduction to Computers - First Steps	CMK ACE Centre	18-Jan-13	Fr	09:30	12:00	5 wks	£0	£0	A gentle, fun introduction to using a computer
F2F215XA	Introduction to Computers - Over 65s	Rivers ACE Centre	08-Nov-12	Th	10:00	12:00	5 wks	£0	£0	A gentle, fun introduction to using a computer at your own pace
F2C417XA	Introduction to Internet and Email - Over 65s	Rivers ACE Centre	17-Jan-13	Th	10:00	12:00	5 wks	£0	£0	Simple, easy and at your own pace
Next Step and other courses										
F2F208XA	Digital Photography - Picassa (Free Software Download)	Rivers ACE Centre	20/10/2012	Sat	10:00	16:00	1 day	£40	£32	Download, organise and edit your digital photos
F2A204XA	Digital Photography and Photoshop Elements - Beginners	Rivers ACE Centre	24/09/2012	Mo	19:00	21:00	5 wks	£53	£42	Improve your digital photography technique and image editing
F2A203XA	Digital Photography and Photoshop Elements - Beginners	Rivers ACE Centre	05/11/2012	Mo	19:00	21:00	5 wks	£53	£42	Improve your digital photography technique and image editing
F2F211XA	Excel - an Introduction	Rivers ACE Centre	22/09/2012	Sat	10:00	16:00	1 day	£40	£32	Learn to use spreadsheets and simple formulae
F2E202XA	Excel - an Introduction	Rivers ACE Centre	30/11/2012	Fr	10:00	16:00	1 day	£40	£32	Learn to use spreadsheets and simple formulae
F2F206XA	Excel - Formulae and Functions	Rivers ACE Centre	10/11/2012	Sat	10:00	16:00	1 day	£40	£32	Functions such as logical and lookup, statistical plus Macros to automate tasks
F2F212XA	Excel - Improvers	Rivers ACE Centre	13/10/2012	Sat	10:00	16:00	1 day	£40	£32	More features of Excel - including database functions and customising charts and graphs
F2F205XA	Excel - Macros	Rivers ACE Centre	01/12/2012	Sat	10:00	13:00	1 day	£19	£15	Automate your tasks by recording and running macros
F2D213XA	HTML Web Page Creation - an Introduction	Rivers ACE Centre	27/09/2012	Th	19:00	21:00	5wks	£53	£42	Learn what HTML is and decide if you want to use it to create your own web page
F2F214XA	HTML Web Page Creation - an Introduction	Rivers ACE Centre	08/11/2012	Th	19:00	21:00	5 wks	£53	£42	Learn what HTML is and decide if you want to use it to create your own web page
F2F207XA	Internet - e-bay - all you need to know about selling	Rivers ACE Centre	10/11/2012	Sat	10:00	16:00	1 day	£40	£32	How to set up an account and sell safely
F2F210XA	Internet - Skype	Rivers ACE Centre	06/10/2012	Sat	10:00	13:00	1 day	£19	£15	Make free calls over the internet to other people on Skype (free download)
F2F219XA	Internet - Starting your Family Tree	Rivers ACE Centre	24/11/2012	Sat	10:00	16:00	1 day	£40	£32	Improve your Internet skills whilst researching your family tree
F2F209XA	PowerPoint and Presentation Skills	Rivers ACE Centre	10/11/2012	Sat	10:00	16:00	1 day	£40	£32	Prepare PowerPoint slides then practise giving your talk
Cookery										
G2F217XA	Cake Decorating - Christmas Cake	Rivers ACE Centre	15/12/2012	Sat	10:00	16:00	1 day	£40	£32	Bring your own cake and transform it using simple, effective techniques
G2A203CA	Cake Decorating Beginners - Royal Icing	Stantonbury Campus	17/09/2012	Mo	19:00	21:00	10 wks	£105	£84	How to make professional looking celebration cakes
G2A207CA	Cookery	Stantonbury Campus	17/09/2012	Mo	19:30	21:30	10 wks	£53	£53	Fun, basic recipes for adults with learning difficulties and/or disabilities
G2A210CA	Cookery - Baking for Beginners	Stantonbury Campus	17/09/2012	Mo	19:00	21:00	6 wks	£63	£50	Enjoy making delicious scones, choux pastry, biscuits and cakes
G2A214CA	Cookery - Christmas Gifts	Stantonbury Campus	03/12/2012	Mo	19:00	21:30	2 wks	£26	£21	Bake, decorate and package edible gifts for friends and family
G2A216CA	Cookery - How to Cook the Basics	Stantonbury Campus	05/11/2012	Mo	19:00	21:00	6 wks	£63	£50	Soups, sauces, roasts, stews and pies; vary the basics to create everyday dishes
G2C206CA	Cookery - Indian Beginners	Stantonbury Campus	19/09/2012	We	19:00	21:00	5 wks	£53	£42	Blend spices and marinades; cook delicious Indian bread, rice, curry sauce and chutney
G2C218CA	Cookery - Indian Improvers	Stantonbury Campus	07/11/2012	We	19:00	21:00	6 wks	£63	£50	Create tasty meat and vegetarian dishes, from samosas to Mumbai potatoes
G2F209XA	Food Safety - Level 1 - CIEH	Rivers ACE Centre	29/09/2012	Sat	09:30	13:30	1 day	£38	£32	Suitable for those handling low risk foodstuffs such as cakes
G2E208XA	Food Safety - Level 2 - CIEH	Rivers ACE Centre	19/10/2012	Fr	09:30	17:00	1 day	£60	£51	Standard for anyone handling higher risk foodstuffs on stalls, or in cafes
Health, Fitness and Beauty										
G2D200XA	Basic Barbering Techniques	Rivers ACE Centre	20/09/2012	Th	10:00	12:00	4 wks	£42	£34	Clip and trim new styles for men
J2B270WA	Bollywood Just Jhoom - Beginners	MK Academy	25/09/2012	Tu	19:00	20:00	10 wks	£53	£42	Improve your fitness while learning some sassy new moves
G2F216XA	Fashion/Party Makeup	Rivers ACE Centre	24/11/2012	Sat	10:00	16:00	1 day	£40	£32	Prepare for the party season with beauty tips such as smokey eyes and eyelash extensions
G2A212XA	Gel Polish Manicure	Rivers ACE Centre	06/10/2012	Sat	10:00	16:00	1 day	£40	£32	Learn to apply a long lasting 15 day gel polish manicure
G2D201XA	Hairdressing - an Introduction	Rivers ACE Centre	20/09/2012	Th	19:00	21:00	10 wks	£105	£84	Learn how to cut and style and get advice on colouring techniques
G2F204XA	Indian Head Massage	Rivers ACE Centre	01/12/2012	Sat	10:00	16:00	1 day	£40	£32	Massage techniques for face, head, neck, shoulders & upper arms
G2F215XA	Manicure/Pedicure	Rivers ACE Centre	20/10/2012	Sat	10:00	16:00	1 day	£40	£32	Prepare your hands and feet for summer
H2D204ZA	Swimming Beginners - Mixed Group	Watling Way Pool	20/09/2012	Th	18:30	19:30	10 wks	£53	£42	Gain water confidence as you learn to swim
H2B200ZA	Swimming Beginners - Women only	Watling Way Pool	18/09/2012	Tu	18:30	19:30	10 wks	£53	£42	Gain water confidence as you learn to swim
H2B202ZA	Swimming Beginners Plus - Women only	Watling Way Pool	18/09/2012	Tu	20:30	21:30	10 wks	£53	£42	Improve your water confidence and develop new strokes
H2D203ZA	Swimming Improvers - Mixed Group	Watling Way Pool	20/09/2012	Th	19:30	20:30	10 wks	£53	£42	You should be confident in water and wish to improve your stroke technique
H2B201ZA	Swimming Improvers - Women only	Watling Way Pool	18/09/2012	Tu	19:30	20:30	10 wks	£53	£42	You should be confident in water and wish to improve your stroke technique
Art, Craft & Media										
J2A211XA	Art Skills 1 - Graphite Pencils and Conte Crayons	Rivers ACE Centre	24/09/2012	Mo	19:00	21:00	10 wks	£105	£84	A structured introduction to drawing for absolute beginners
J2D244LA	Art Skills 1 - Graphite Pencils and Conte Crayons	Westcroft Library	27/09/2012	Th	13:15	15:15	10 wks	£105	£84	A structured introduction to drawing for absolute beginners
J2F214XA	Beaded Jewellery - an Introduction	Rivers ACE Centre	06/10/2012	Sat	10:00	16:00	1 day	£46	£38	How to create earrings, bracelets and necklaces to match all your outfits. Fee includes materials
J2F231GA	Calligraphy - an Introduction	Great Linford Arts Workshop	15/09/2012	Sat	10:00	16:00	1 day	£40	£32	Hand lettering for absolute beginners
J2B267GA	Calligraphy for All	Great Linford Arts Workshop	25/09/2012	Tu	10:00	12:00	10 wks	£105	£84	Beginners are welcome in this relaxed mixed level lettering course
J2F228XA	Calligraphy for Christmas - Gothic Lettering	Rivers ACE Centre	17/11/2012	Sat	10:00	16:00	1 day	£40	£32	Create hand-lettered and illuminated cards
J2F217XA	Creative Computing - Photoshop Elements	Rivers ACE Centre	13/10/2012	Sat	10:00	16:00	1 day	£40	£32	Apply Photoshop techniques to existing artwork and photographs
J2D257GA	Creative Digital Photography - Beginners	Rivers ACE Centre	27/09/2012	Th	19:00	21:00	10 wks	£105	£84	How to photograph places, faces and things
J2F213XA	Creative Digital Photography - Getting to grips with your digital camera	Rivers ACE Centre	06/10/2012	Sat	10:00	16:00	1 day	£40	£32	All day cameras - no computers! Gain confidence using your camera's functions
J2F215XA	Creative Digital Photography - Getting to grips with your digital camera	Rivers ACE Centre	17/11/2012	Sat	10:00	16:00	1 day	£40	£32	All day cameras - no computers! Gain confidence using your camera's functions
J2C288XA	Creative Digital Photography - Improvers	Rivers ACE Centre	26/09/2012	We	19:00	21:00	10 wks	£105	£84	Creative assignments for learners with some experience
J2D252XQ	Creative Textiles - City & Guilds Level 1 Award	Rivers ACE Centre	20/09/2012	Th	19:00	21:30	12 wks	£165	£0	Design and create painted, printed and hand dyed fabrics
J2F234XA	Decorative Gift Wrapping	Rivers ACE Centre	17/11/2012	Sat	10:00	16:00	1 day	£40	£32	Professional gift wrapping to enhance your business promotion or impress friends and family
J2C281ZA	Drawing & Painting - Advanced	Madcap Arts Centre	26/09/2012	We	10:00	12:00	10 wks	£105	£84	Ideal for learners wishing to work collaboratively towards themed exhibitions
J2B271GA	Drawing for All	Great Linford Arts Workshop	25/09/2012	Tu	13:00	15:00	10 wks	£105	£84	Carefully planned to build your confidence whatever your prior experience

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MK NEWS

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Your guide to a brighter summer

SEE **INSIDE**

Birthday bash for two Ethels

SEE **PAGE 7**

Grid roads may be lit once more

MK Council could relight 2,600 lamps after deaths

BY ADAM GRINSELL

adam.grinsell@mk-news.co.uk

THE city's roads could be illuminated once more as almost all of the street lights are set to be switched back on - at a cost of nearly £1million.

In an extraordinary change of policy, Milton Keynes Council's cabinet could decide next Wednesday to relight 2,597 grid road lights. That will mean only 103 will remain turned off under new guidelines.

And to reverse the budget-slashing plan could end up costing £865,000 as those that are reignited would be 'dimmed and trimmed' - timed to dim for certain hours.

That is on top of £97,000 in energy bills in the first year and £85,000 in every subsequent year. This money would need to be found in savings elsewhere in the council's budget.

The authority's corporate director of resources, Tim Hannam, has been asked to try to find 'compensatory savings' to cover this year-on-year cost.

The change in policy has been recommended after two people were killed on darkened roads.

As revealed by MK NEWS, 25-year-old caterer Gary Tomkins was hit by a van on the V7 on November 30, and cyclist Sherwin Sequeira, 57, died on October 12 after being hit by a car on the H5.

Cabinet member for transport Cllr John Bint said: "It is alarming to discover the Lib Dems decided to turn off lots of street lights without a safety assessment, and there have been particular concerns about driving from light to dark sections of road.

"We hope that having more consistent levels of light will make grid roads safer."

But Lib Dem transport spokesman Cec Tallack is worried about the cost - the £865,000 will be coming out of a borrowed pot of £50million earmarked for maintenance.

"They will be doing it basically by borrowing money, which is potentially very risky," he said.

"I think the view we took at the time was reasonable - it's right that it's reviewed, but there's a considerable amount of expenditure."

What do you think?

- **Email letters@mk-news.co.uk**
- **Write to MK News, 1 Diamond Court, Fox Milne, Milton Keynes, MK15 0DU**

IF Festival jumps into action

THE second IF: Milton Keynes International Festival will have you jumping for joy when it kicks off on Friday.

Immersing the whole city in arts, dance, music and comedy, the ten days of IF are sure to have something for everyone to enjoy.

The Demon Barber Roadshow, *pictured*, will be in the Spiegeltent in Campbell Park on Saturday at 8pm. Call the box office on 01908 280800.

■ **To find out more about the festival, turn to page 2**

Man raped on redway

A MAN in his 20s has been assaulted by a group of men and raped.

The incident is believed to have happened during the early hours of Monday on the redway at the back of Lamberts Croft, Greenleys, near an overbridge.

Currently little is know about the incident because the police are yet to formally interview the victim.

DI Nick Glister, of Milton Keynes CID, said: "Our investigation is at a very early stage and the man is being looked after by specially trained officers.

"At this time he has not yet been formally interviewed by officers.

"We currently believe that between four and six men were involved, but we are unable to give any further details until we have completed our initial enquiries.

"However, I would like to reassure people that we are treating this report very seriously and a team of detectives is working to gather evidence. Cordons are in place to allow access to investigators.

"We are keen to hear from anyone who witnessed the incident or any suspicious activity in the area, or has any other information which may assist us with our investigation.

"We appreciate that this incident is likely to cause concern in the community and we ask anyone with any concerns to contact their neighbourhood team.

"We also take this opportunity to remind people to remain vigilant when out and about and report any suspicious activity immediately."

Anyone who witnessed suspicious activity in the area, or has any other information, should contact the Milton Keynes CID team via the Thames Valley Police Enquiry Line on 101.

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Up in the air: As The World Tipped performers, *above,* and a poster for the spectacular show, *below*

IF ten day festival is full of fun

WITH the second-ever IF Festival set to kick off on Friday, ADAM GRINSELL looks at the first six days

IF: INTERNATIONAL Festival 2012 is promising to be even bigger and better than the inaugural 2010 event.

Take for example As The World Tipped - a huge and breathtakingly-innovative theatre production.

Featuring a large stage that tilts to a vertical position, performers suspended above the crowd and dramatic visuals, the performance from Wired Aerial Theatre in Campbell Park next Wednesday and Thursday night is one not to be missed.

Writer and director Nigel Jamieson said: "Based on the theme of climate change, and the risk of it turning all of our lives upside down, it aims to combine the thrill and danger of circus with drama and emotion about a theme which will effect all our children and futures."

The whole festival kicks off on Friday in Fishermead with the appearance of a bouncy version of Stonehenge called Sacrilege - free for all to jump on.

And from Friday to Sunday immerse yourself in the fiery world of La Compagnie Carabosse in Campbell Park.

There are hi-tech games everyday at Xscape from Friday with Metro Boulo Dodo, where you use your smart phone to take part in a quest based on the building of the city.

Co-artistic director Paul Long said: "It's a treasure hunt, where you find clues and solve puzzles."

Visit the Lone Twin Boat Project in thecentre:mk from Friday - the vessel made entirely from wood with a story, donated by people from around the country.

There are also many one-off shows in the famous Spiegeltent in Campbell Park, including beautiful songs from Duke Special on Friday, the Demon Barber folk music roadshow on Saturday, and Ensemble 360's Olympic warm-up to classical music on Sunday.

■ For more on these events, visit our website - www.mk-news.co.uk.

Coming up next week

For a preview of the festival's final week and an exclusive interview with Hardeep Singh Kohli
■ Don't miss next Wednesday's MK NEWS

Mark your diary: Donated wood, all with its own story, makes up the Lone Twin Boat, and Duke Special

Lloyd Strang from Phoenix Gym offering the beat the pensioner challenge at bench pressing

Are you stronger than an 82-year-old?

FREE gym membership for three months is up for grabs – and all you have to do is 'out bench' a pensioner.

The Phoenix Gym in Bletchley is holding the quirky competition but anyone who fancies a go will have to do better than 82-year-old Ted Brown.

All competitors have to bench press their maximum weight and adjustments are then made for both age and body weight.

Beating Ted, who has already remarkably lifted 80kg at 60kg body weight, won't be easy as the local octogenarian is a multiple world champion.

The gym's Lloyd Strang said: "I have put my money on the right person."

It costs £3 to enter and the money raised will be donated to Pancreatic Cancer UK.

Mr Strang's friend Lee Price, from Maidenhead, tragically died of the illness aged just 38.

More cuts could hit city 'poorest'

BY ADAM GRINSELL
adam.grinsell@mk-news.co.uk

'THE poorest parish in England' may have to cut more of its front-line services after a change to its boundaries.

Woughton Community Council, which includes the two 'worst areas' to live according to the annual social atlas, will next week be considering whether to axe services such as youth clubs and dog bins after the change last year.

The parish, which had to make four redundancies last year, was already the poorest in Milton Keynes for its council tax base - the amount charged to each household according to tax bands.

But that tax, which goes towards paying for parish council services, then took a big hit after the areas of Woughton on the Green, Woughton Park and Passmore which have larger houses were then transferred to other councils.

Ward councillor Steve Coventry, who says Woughton is the poorest parish in the country, will now be part of the committee looking at whether other services will need to be sacrificed.

He said: "In Woughton we are not getting a fair deal to help us provide the services we need."

He was hoping the parish would get a slice of £50,000 set aside by Milton Keynes Council (MKC) for help with the boundary changes, but a lot of that has been spent on other things such as the legal defence of a judicial review by Campbell Park Parish Council.

An MKC spokesman said: "Some meetings were held between the leader and representatives of Woughton Community Council but no commitments were ever given during these meetings."

What do you think?

- **Email letters@mk-news.co.uk**
- **Write to MK News, 1 Diamond Court, Fox Milne, Milton Keynes, MK15 0DU**

MKNEWS BRIEFS

50 Cent pops in

SUPERSTAR American rapper 50 Cent was in Milton Keynes on Friday to launch his new branded headphones. The Candy Shop singer visited the Home Retail Group headquarters on Avebury Boulevard in CMK as his SMS Audio headphone range will be on sale at Argos from Saturday.

Sexual assault trial

THE man charged with sexual assault in connection with an incident in Milton Keynes on July 1 will face trial from September 21. David Billington, 21, of Angel Close, Pennyland, will appear at Aylesbury Crown Court.

Census statistics

THE city's population has grown from 207,063 in 2001 to 248,800 in 2011 according to last year's census.

East-West journey to be electric

A RAIL link which will connect Milton Keynes to Oxford will be complete by 2017 - and the whole route will be electrified.

The Government announced on Monday East-West Rail is on track to be finished in five years.

MP for Milton Keynes South Iain Stewart has hailed the news.

He said: "The line will help move more road freight onto rail. Electrified trains are faster, cheap to run, more efficient, and have better journey times than their diesel equivalent."

Chris Wright is part of the Oxon and Bucks Rail Action Committee, which has been campaigning for the line for 25 years.

He said: "We are absolutely thrilled and delighted."

Elderly targeted in burglary

BURGLARS targeted elderly residents at sheltered accommodation in Selkirk Grove, Bletchley.

Last Wednesday at around 4.45pm offenders gained entry by forcing a side door open.

A 60-year-old man and 67-year old woman found two men in the stairway.

One is white, of medium build, 5ft 6ins, in his early 30s, clean shaven with blue eyes and full lips. He was wearing black and spoke with an Irish accent.

The other is black, of medium build, 5ft 8ins and in his late 20s to early 30s. He was also wearing black.

Anyone with information can call the police 101.

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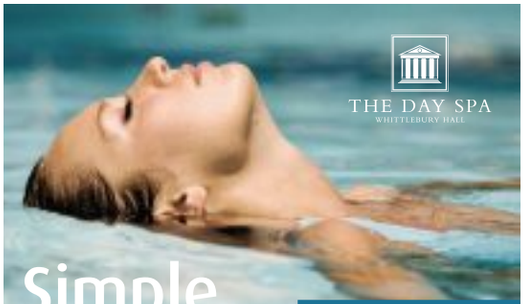

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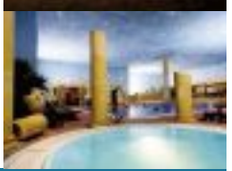

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'Horrified' by news of cars driving on graves

SIR - I am writing in response to your article in MK NEWS about the cemetery in Selbourne Avenue, Bletchley ('Tears after cars drive on graves', July 11).

I am a woman in my early 60s who buried her son only ten months ago at the old part of the cemetery.

I am still very much in the grieving process and take great comfort in visiting my son's grave two or three times a day, so that I can be close to him and light a candle each night.

I was horrified to read your article about the council allowing the cemetery to be used as an overflow car park for a football game, causing extensive damage to some graves.

I feel the council has been very insensitive to the people buried there and also to their loved ones who wish to visit.

There is a severe problem with water logging as there doesn't appear to be any drainage system in place.

This problem is so bad that some headstones are immersed a few feet under water. I have to wear wellington boots to reach my son's grave.

One elderly gentleman who visits his wife had to dig a channel around her grave to allow the water to drain away. Maybe the council should solve this issue before allowing cars to drive over graves.

Another major problem I am encountering when I visit my son is the amount of young people who drive into the cemetery at night and park up. These young people are being very disruptive as well as disrespectful.

On numerous occasions when I have asked them to move their car so that I can enter or leave the cemetery, they just stand and stare at me and laugh before actually moving. This makes me feel very vulnerable and scared. I wonder if the council would be able to do anything about this.

I only want to be able to visit my son without having to feel threatened.

Myra Grant
Sent by e-mail

Disrespectful drivers should be ashamed

SIR - I was utterly astounded to read about the cars being parked next to the graves in Selbourne Avenue graveyard.

My wife and I buried our son there in 2006 and on reading the front page article, my wife was so distraught we had to go down there straight away.

On arriving at the grave, we were relieved to find that where our son had been buried there had been no damage done or any sign of cars having been anywhere near his, or the remainder of the graves in that section.

We carried on through the grave yard to the newest section where the tracks of cars that Mr O'Sullivan was rightly so upset about were evident.

Let me say that I do not know anyone that could look on that scene and not feel outraged, it is beyond belief that anyone driving a vehicle inside the confines of a graveyard would not appreciate how disrespectful their actions were.

What were they thinking when stepping out of their vehicles within feet of someone's beloved relative's last resting place to go and watch a football match? Have they no conscience?

If it is true that the council did have an informal agreement with the sports club to use the surfaced car park at the site, then somebody must have deliberately directed vehicles onto the grassy area because the surfaced area was already full.

If this is not the case and drivers, finding the car park was already full, made their own decision to park on the grass, then more shame on them.

Whatever happened it is unacceptable and the sports club should have appointed marshals to block the way of vehicles parking on the grass.

As a result the council should be thinking of revoking this parking facility immediately.

God forbid the day if any one of them has to bury a loved one there and the same thing happens.
I think this whole episode is an utter disgrace.

Gordon Stewart
Milton Keynes

Coming up

To read more of your comments
■ Turn to page 10

Will centre be used by all of the community?

SIR - It is very unfortunate that Milton Keynes Council has decided to allow a Sri Lankan community centre to be built in Fishermead in spite of strong opposition from the residents.

The local residents are fully justified in objecting to the centre as it is not true that it will be used for anyone regardless of age, colour, religion and gender.

The centre is promoted by Muslims and will be used only by Muslims.

The centre is promoted by the Sri Lankan Muslim Community Foundation and financed by the Muslim group - other religious and ethnic groups are not included in the committee.

Sri Lankan Muslims will use the centre for prayers seven days a week and for religious teachings.

I would like to know whether the centre is available for other religious groups to use and for social functions for local groups.

The centre will create problems for the users of the medical centre on Fridays due to the additional traffic and lack of parking.

Since the majority of the residents in the area object to the centre, they should collect enough signatures to force the council to hold a referendum on the issue.

The new Local Government Act allows residents to challenge any decision taken by the parish or Milton Keynes Council.

Name and address supplied

■ *For more on this story, turn to page 9*

We want to keep pool

SIR - Regarding the article on your website 'Dolphin Splashdown will be knocked down for Sainsbury's'.

This is ridiculous! Milton Keynes has one of the largest shopping centres in the country and many other retail outlets - another one is not needed, but more leisure facilities are.

I went here all the time as a kid then someone made the mistake of making it private and someone else has made the mistake of demolishing it to make way for a retail outlet. I understand there was a strong campaign against this which was ignored.

In its current state it would need repairing but I'd rather my council tax went on this than yet another shop.

Emma Pryke
Sent by e-mail

SIR - The councillors for Milton Keynes are elected by us to serve us, so when are they going to listen to what we want?

Ask anyone if they want a new supermarket in Shenley Church End, or to keep a swimming pool and they will vote for the pool.

Angela Powell
Sent by e-mail

Mark's Monthly Focus

Put your questions to Mark Lancaster MP

ST FRANCIS' Children's Society is an independent adoption charity based in Woolstone.

This month it received permission to build a children's centre, which will provide a safe and relaxing space for children to receive therapy or meet their families. This week the charity questions Mark.

Many families do not get the support they need after an adoption has taken place. How can this be changed?

It's so easy to think that once a child has been adopted all their problems will be solved.

Those working in adoption know that reaching a happy ending is just not that simple. After my visit to St Francis' and meeting with the CEO of Adoption UK, I have come to realise just how important post-adoption support is.

Things like therapeutic play and parenting workshops go a long way in helping to raise an adopted child.

I have called for the Government to recognise how important post-adoption support is in helping our most troubled children and I continue to push for this with keen interest.

What can be done to encourage more families to adopt in Milton Keynes?

We are quite fortunate in Milton Keynes that we not only have a local authority adoption team, but also two charities offering adoption services to families.

The Government's concurrent planning is a brilliant step in helping children to join their potential adopters faster.

This means that local authorities will place children with foster families first, with the long-term view of them becoming their adoptive parents. This puts an end to temporary homes and disruptive moves.

This should encourage Milton Keynes families to consider providing a loving home for some of the 270 children who are currently in the care of Milton Keynes Council.

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Win a signed Team Sky shirt

On your bike: MKC cycling officer Mark Howes with the shirt

WITH the Tour de France reaching its exciting climax, and to celebrate Sky Ride's return to Milton Keynes, MK NEWS and Milton Keynes Council have a money-can't-buy prize to give away.

Sky Ride returns to Milton Keynes on Sunday, August 26 at 10am - a fun, free family day out riding around CMK's traffic-free roads. See www.goskyride.com to register.

And this is your chance to get your hands on a real piece of biking memorabilia - a Team Sky jersey signed by ten super cyclists including Mark Cavendish, Bradley Wiggins and MK's own Ian Stannard.

To be in with a chance of winning, simply tell us what colour the Tour de France leader's jersey is?

Send your answer, with your name, address and daytime telephone number, to competitions@mk-news.co.uk or MK NEWS, 1 Diamond Court, Fox Milne, MK15 0DU.

The competition closes on Wednesday, July 25. The editor's decision is final.

Three men stabbed at music concert

BY ANNA MAUREMOOTOO
anna.mauremootoo@mk-news.co.uk

A GIG turned into a nightmare for one Swedish House Mafia fan who witnessed mindless attackers stab her friends during Saturday's concert at the Bowl.

The eye witness told MK NEWS that one of the attackers slipped over and the crowd cheered.

The man and his accomplices then threw bottles and launched themselves at the unsuspecting group of friends and started a fight. She said: "One of my friends was bleeding and he had a small wound but before anything could be done the group came to fight again and the man who slipped pulled out what appeared to be a pocket knife. By the time security arrived the group had gone and three males had been stabbed."

Thames Valley Police said security had been increased after a spate of stabbings during a performance by the same act in Dublin in which nine people were injured.

The witness added: "My friends had to go to hospital and consequently we all missed the concert we had paid so much to go to.

"Security let us down; despite what happened in Dublin they were not prepared for trouble."

The fight broke at about 6.15pm and three men in their early 20s were injured.

Officers want to speak to a white man also in his early 20s, wearing a blue T shirt, a black jacket and black jogging bottoms.

Anyone with information can call 101.

MKNEWS BRIEFS

Iron Trunk celebration

CELEBRATE the restoration of a 200-year-old resident on Sunday from 11am. The Iron Trunk Open Day, at the site of the aqueduct over the Great Ouse in Wolverton, marks the end of the year-long works. A Red Wheel plaque from the Transport Trust will be unveiled to symbolise its historical value.

Agora petition

A PETITION has been launched to ask Milton Keynes Council to serve a compulsory purchase order on the owners of the Wolverton Agora. The Wolverton Steering Group, which is developing the town's local plan, hopes the site can be redeveloped.

Bushes incident

MK NEWS would like to clarify that the incident in which a burglar was hidden by overgrown bushes happened in Eaglestone not Netherfield as reported last week.

Caravan park servitude pair jailed for a total of 15 years

A COUPLE found guilty of a number of offences relating to servitude, compulsory labour and assault charges has been jailed for a total of 15 years.

James John Connors, 34, and his wife Josie, 31, both of Greenacres, Little Billington near Leighton Buzzard, were sentenced to 11 years and four years respectively on Thursday.

Their charges related to offences at the caravan site where they lived.

Two other family members, Tommy Connors Senior, 52, and Patrick Connors, 20, were also found guilty of a number of offences. There will be a retrial of Tommy, Patrick and two other family members for counts on which the jury could not decide.

Supermarket is causing a stink

A TERRIBLE smell left a supermarket shopper feeling unwell.

Janet Maidment of Old Farm Park was at the Tesco store in Kingston when the unpleasant stench left her with a headache and made her two-year-old son gag.

She was told by the duty manager that there was some maintenance work being carried out.

A Tesco spokesperson said: "We are sorry to hear a customer experienced some discomfort.

"We always ensure that any construction work taking place is carried out under strict health and safety guidelines."

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Celebrating: Centenarians Ethel Glasscock and Ethel Skinner

Ethel and Ethel hit age of 100

TWO residents of a nursing home have reached the grand age of 100 in quick succession – and remarkably both are named Ethel.

Ethel Skinner reached the milestone on June 23 and Ethel Glasscock's birthday was on Friday, prompting a double celebration at the Milton Court Care Centre in Kents Hill where they live. Staff don't witness many 100th birthdays so to have two so close together, featuring people with the same name, is a particularly strange turn of events.

Both ladies received the traditional card from The Queen and enjoyed an entertainer, cake and flowers at a specially arranged party.

Rebecca McKee, activities co-ordinator at Milton Court, said the occasion had produced a great atmosphere. She said: "It's fantastic and such a coincidence."

The women are not the oldest people living at the centre though, as one resident has reached the age of 102.

Food handouts for kids up by 150%

BY ADAM GRINSELL
adam.grinsell@mk-news.co.uk

THERE has been a drastic increase in the number of city children receiving charity food parcels to feed them.

The Food Bank charity has shown a 150 per cent increase since 2009/10 in parcels being given out to those under 16.

In the financial year 2011/12, 2,787 parcels were handed out as opposed to 1,112 in the same period two years earlier.

The charity, based in Kiln Farm, is expecting an increase over the coming weeks due to the school holidays.

Project manager Sue Wall said: "Many of our families have children who receive free school meals – this is often the only hot meal that the child would get.

"The school holiday period means all those families currently receiving free school meals now suddenly have to provide this meal from their own pockets – many are unable to do so."

Milton Keynes Council children's boss, Conservative Andy Dransfield, says the source of the problem needs to be tackled.

"Around 74 per cent of children in poverty are in workless families, so getting people into work is what matters," he said.

But his Lib Dem opposite number Derek Eastman says people need to be given a hand up before they can be given a hand out.

He added: "Until you know the size of the matter you won't know how to deal with the problem."

MKNEWS BRIEFS

Wheely big mystery

MYSTERY surrounds a 120-feet-high ferris wheel which appeared at the side of the A5D near Stony Stony Stratford last week. The owner Keith Emmett Jnr is remaining tight-lipped about what it will be used for.

Midnight Moo success

MORE than 1,500 women took part in the fourth annual Midnight Moo for Willen Hospice on Saturday. Those taking part in the night-time walk around the city, who were clad totally in orange, have pledged to raise £120,000.

OU mulberry planted

THE Open University has marked the Queen's Diamond Jubilee by planting a black mulberry tree at its Walton Park Campus.

Tesco application thrown out

PROTESTERS had reason to celebrate after a controversial planning application was turned down on Thursday.

During the development control committee meeting supermarket giant Tesco had plans thrown out by councillors to build an express store on Woburn Sands High Street.

At the meeting David Hopkins, chairman of Woburn Sands town council, said: "Applications for external works are flawed."

Residents staged a demonstration before the meeting and two petitions collected a total of 3,167 signatures.

Bartlett to remain Alderman

THE man who wanted to ban smoking in one town has narrowly escaped having his honorary title removed.

Alderman Paul Bartlett, a suspended Stony Stratford Town councillor, was facing further punishment for breaching his code of conduct over an e-mail sent during a dispute with a pub landlady in which he used the title given to him for service to the community.

But on Wednesday night in a fraught meeting, Milton Keynes councillors voted 18 to 17 in favour of allowing him to keep his title, with 14 abstentions.

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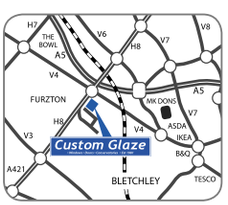

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Race claim made as centre agreed

BY DAN PALMER
dan.palmer@mk-news.co.uk

PROTESTERS campaigning against a Sri Lankan community centre could have been motivated by race, according to one supporter.

Reg Chopra, speaking in favour of the plan at an Milton Keynes Council meeting last Tuesday, said some objections may have been of a 'creed and race' nature.

The parish councillor for Campbell Park-Willen, speaking as an individual, said: "People could have made their comments in a more politically correct way.

"This is a peaceful project and this is a regeneration project."

Mr Chopra was jeered following his remarks by those against the plan, who sat alongside many supporters of the idea in a packed public gallery.

In the end, development control committee councillors voted six to one in favour of the centre, with two abstentions.

It means that a two-storey building will be constructed in Fishermead, next to the medical centre in Fishermead Boulevard.

The centre, proposed by the Sri Lankan Muslim Community Foundation, will include a gym, library, classrooms, two community halls and two retail units.

> People could have made their comments in a more politically correct way
>
> – Reg Chopra

Those against expressed fears that the wider community would be excluded from using the facility and that it would bring about fresh parking problems.

As Sri Lankans will be using the centre for muslim prayers, opponents further argued that the building was in fact a mosque.

June Noakes, from the Fishermead Residents Association (FRA), said: "They have claimed they will welcome everyone in the Fishermead community but in reality it will be in full-time use throughout the day for prayers and islamic teaching."

Terry Baines, the chairman of the FRA, argued that extra parking spaces being proposed wouldn't solve current problems.

However, Duncan Chadwick, speaking on behalf of the applicants, said that prayers would make up 'five per cent' of the centre's use and that it would be open to anyone, regardless of age, colour, religion or gender.

Councillors insisted on a condition which states that the building must be made available to the wider community for a certain number of hours each week.

In addition, the retail units will not be able to sell food.

Supporters in the gallery applauded the decision.

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MK LETTERS EXTRA

YOUR comments have been flooding in since MK NEWS revealed Broughton Gate skatepark may shut. Below is just a selection of your views - if you would like to have your say email letters@mk-news.co.uk

IT IS preposterous to say there is nothing that can be done to save this skatepark.

An hours of use policy could be enforced, screening could be installed and a rubber landing surface could be considered wherever practical.

Another meeting needs to be held with all interested parties as only then will all the options be truly examined.

There is no excuse for closing this facility before the summer holidays when the hours of use could be limited to an acceptable level.

Siobhan Turneys

IT IS disgraceful that this park may have to close.

I live very close by and see no reason why it should close.

The people who are complaining about the park knew it would be there when they were buying their homes.

This park provides fun for the children who will end up playing in the street. Shame on all who are against it.

Jane Humphreys

IN A society where our children are being labelled obese, along comes a plan to close a skatepark - and in the year of the Olympics.

We should be encourageing these kind of activities for our children.

Joanna Fox

IF THE park has to be demolished why not wait until after the school holidays.

Or even better, have in place an alternative location where these kids can go.

They can't just close it and expect the kids to deal with it. I think Milton Keynes Council and The Parks Trust have completely mishandled this whole situation. Bad planning, bad management and a lot of wasted money.

Samantha Vernon

IT'S great to see so much support for keeping this park.

I'm really not sure how noisy it is, last time I skated there the dominant sound I remember was that of a skylark.

Kieron Tanner

IT IS tragic that the skatepark may have to close.

However, the fact remains that Milton Keynes Council built it too close to residential dwellings.

It's easy to hit out at residents but the real problem here is the council, which allowed it to go ahead - did it not consider noise nuisance?

In the wake of Secklow Gate bridge, which cost millions, how much more of our taxpayers' money is going to be wasted by this administration before someone is held to account?

Name and address supplied

WE CAN either keep the park and the kids can be safe, or demolish it and let them set up their own ramps.

I don't even know why they are considering closing it - it is a waste of time and money.

If kids are creating too much noise then maybe something could be done to eliminate that noise. We must also take into account ambient noise and noise from others, not those just of the skaters, bikers.

Keep the park. Invest in some sound proofing.

Anthony Martin

TYPICAL. A few residents complain and a great facility and youngsters stand to pay the price.

I have to question why those complaining bought/moved in to the houses knowing the park was there and who designed it to be 'close' to housing? Nimbys!

Ed Neal

For more on this see next page

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Website helps in skatepark battle

BY ANNA MAUREMOOTOO
anna.mauremootoo@mk-news.co.uk

CAMPAIGNERS fighting to save a skatepark have set up a website to raise awareness.

Shortly after the website was created the time frame given to The Parks Trust to comply with conditions which would allow Broughton Gate skatepark remain open was extended.

David Foster, chief executive of The Parks Trust, said: "Following further discussion between The Parks Trust and Milton Keynes Council last Friday the council issued the Trust with a revised Statutory Noise Abatement Notice replacing the one issued on June 27.

"The revised Notice still requires the Trust to install a fence. However it now gives the Trust up to three months to investigate, assess and then implement the best practicable measures that could be used to reduce noise."

This has come as a welcome relief to the creators of MKSK8.com, a website set up to remind residents that the battle to save the skatepark is far from over.

Stepping up campaign: Alec Decunha and Samuel Baines

Paul Baines, whose son uses the skatepark, helped to set up the website.

He said: "We were worried that while people are working on an action plan to tackle the problems there was still no real understanding of the source of the noise that is prompting complaints so this is great news."

On Monday work started on a temporary two-metre fence which will limit use of the skatepark to between 10am and 7pm each day.

This will be in place until planning permission for a permanent barrier is sought.

The Parks Trust will open the skatepark every morning but volunteers are needed to lock it at night.

If you are interested in helping e-mail trinacreaser@me.com.

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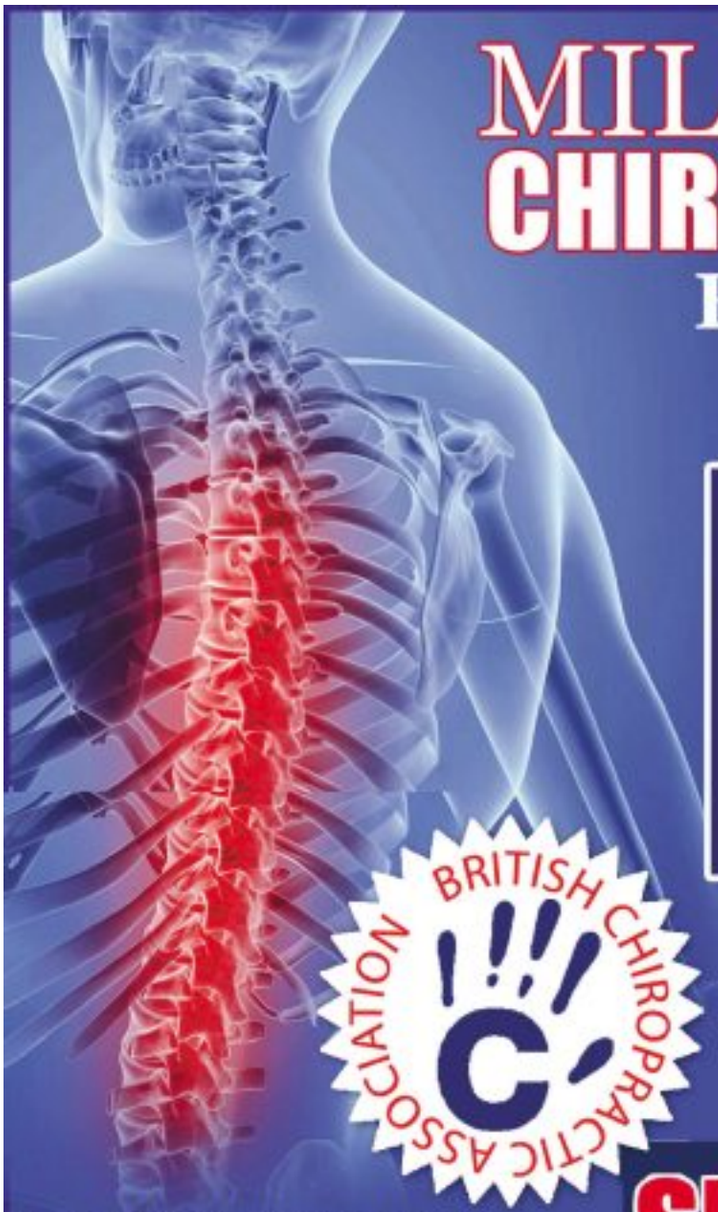

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Butcher's beef with wardens

BY JESSICA DUNCAN
editor@mk-news.co.uk

A BUTCHER fears for his business as customers collecting large orders are now being met by traffic wardens.

Palmers Butchers on Queensway in Bletchley is popular with the local community and attracts those from outside the area, including those needing to use their cars to pick up larger orders.

The butcher supplies local restaurants and takeaways, and says it has thousands of customers who come in to get their meat.

Boss Dejon Terry is worried his regular customers could be turned away from the shop if the wardens continue to monitor the road outside.

He said: "We have limited parking spaces at the back of the shop but this is not enough for the number of customers. Ideally loading bays at the front would help."

As reported by MK NEWS last week taxi drivers are also experiencing problems with the wardens, who they say are preventing them dropping off and picking up elderly and disabled passengers.

Denbigh ward councillor Nigel Long said this would affect the most vulnerable and damage the income of shops on the street.

Mr Terry added: "I realise for the wardens it is their job but there should be some form of leeway for the customers who just want to put the meat in their car and go."

Milton Keynes Council (MKC) said double yellow line restrictions are being enforced after a number of complaints.

There is a 'no waiting or loading at any time' restriction as it is deemed to be dangerous to stop at certain points, which MKC said has been abused particularly by people stopping outside the butchers.

They added there is on-street parking and car parks.

At a meeting last Wednesday night ward councillor Mick Legg requested a discussion with cabinet member for transport John Bint to look into the possibility of having a drop-off bay for taxis.

Parking problems: Dejon Terry outside Palmers Butchers in Bletchley

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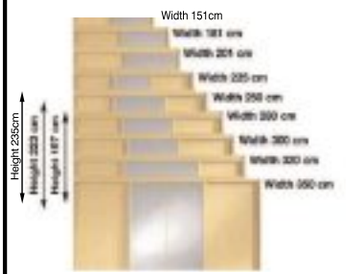

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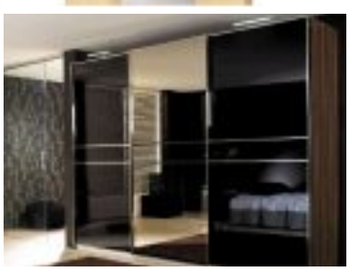

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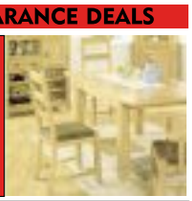

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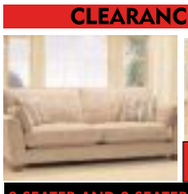

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BY URSULA RANI SARMA

> The Ripple Effect will be a vibrant piece of new writing

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Milton Keynes Theatre is one of 8 ATG venues taking part in The Ripple Effect and more than 40 local youngsters will be taking part in the exciting project aimed to connect with young people from diverse backgrounds with limited experience of arts engagement. Individuals taking part will acquire new skills based on the discipline of acting, working with professional artists, theatre staff and peer groups in a cultural workplace and self management.
The ATG Foundation has commissioned award-winning Playwright Ursula Rani Sarma to work closely with young people across the nation to deliver this original piece of work. Ursula is a critically acclaimed writer whose plays have been performed, published and translated extensively in the UK and Ireland and on the international stage. Prior to The Ripple Effect, Ursula has written for illustrious companies such as The National Theatre, The Traverse Theatre and The Abbey Theatre amongst others.

The production was influenced by ideas and themes from the participants on stage. Beginning in April this year, this piece has evolved though their hard work and commitment, ensuring this thought provoking piece of new writing will continue its life after the premier you will experience.

THE RIPPLE EFFECT imagines a post apocalyptic future and follows the journey of Beth and Christopher, as they take the first steps to breaking down the walls of segregation and isolation in an adventure that has a ripple effect across the country.

The performance you will see in Milton Keynes is the self-contained story from the second act of the five piece The Ripple Effect, and it is entitled "Making Contact".

Book your tickets to see The Ripple Effect on Sun 29 Jul 2012, 5pm - tickets are just £6. Visit www.atgtickets.com/miltonkeynes (bkg fee) or call Milton Keynes Theatre Box Office 0844 871 652 (bkg fee).

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Pool to close with new store on site

BY ANNA MAUREMOOTOO
anna.mauremootoo@mk-news.co.uk

THE battle to save a well-known city landmark has been lost, leaving campaigners feeling 'gutted'.

Protesters gathered outside the civic offices before the development control committee meeting last Thursday in one last bid to save the former Bourton Mill Water World and Health Club, commonly known as the Dolphin Splashdown, in Engaine Drive, Shenley Church End.

But their efforts were in vain and councillors gave approval for Sainsbury's to build a supermarket on the site.

Speaking at the meeting Kelly Austin, a mother-of-three from Shenley Church End, said: "We need to think of the increased need for pool facilities in Milton Keynes which has a lower than average number of pools."

But the case officer explained that restoring the pool would cost £2.6 million and was not a practical option.

Five councillors voted in favour of the 2,000-square-metre supermarket and car park, four voted against this proposal and chairman of the committee, Brian White, abstained. After the meeting Iain Sear, who lead the campaign, told MK NEWS: "I'm totally gutted.

"I don't blame Brian White for abstaining, it was a difficult decision.

"The evidence that was put towards them we don't think was a true representation of the facts. For example they said the pool was unprofitable, it wasn't very profitable but there were times it turned a profit."

Although the campaign group, who received support from 2,561 facebook users, may decide to fight for a new pool in the city, they will not protest against the decision made at the meeting.

Mr Sear said: "Everyone worked really hard and the level of support was overwhelming."

The only option to continue the protest is to take it to Judicial Review but this could mean that the site would remain closed for several years and would stand in the way of creating new jobs.

The store will create 110 jobs.

Protest: Residents outside the civic office before the meeting

More to get free swim

FREE swimming is set to be rolled out to the unemployed in one part of the city.

Currently pensioners and those under the age of 16 and living in the West Bletchley area are entitled to free swimming at Bletchley Leisure Centre.

But soon that scheme will be extended to include people who are out of work, as well as disabled people and students.

West Bletchley parish councillor Liz Campbell, *pictured*, proposed the extension.

She said: "Hopefully this will come into force very very soon.

"It's a hugely popular scheme at the moment - we have 500 unique users."

The scheme is run in partnership between the council and Hertsmere Leisure, which manages Bletchley Leisure Centre on behalf of Milton Keynes Council.

Although the scheme still has to be rubber-stamped at a meeting on Monday, it is expected to be up and running within the next few weeks.

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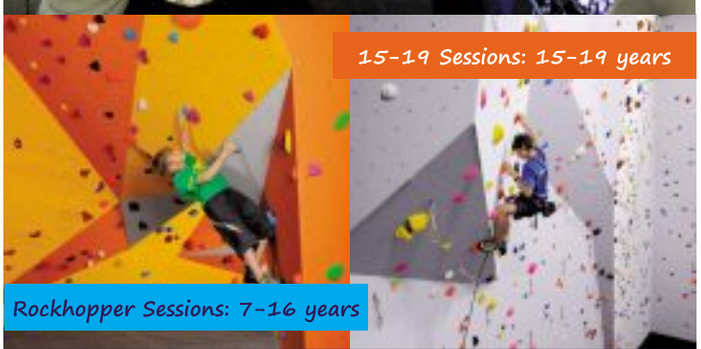

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Win a makeover and theatre trip

Star: Jennifer Ellison will be appearing in Legally Blonde The Musical

BY ANNA MAUREMOOTOO

anna.mauremootoo@mk-news.co.uk

OMIGOD you guys! MK NEWS is offering readers the chance to win the best competition in town – case closed.

Starring Gareth Gates and Jennifer Ellison, the international award-winning hit Legally Blonde The Musical will be at Milton Keynes Theatre from July 31 to August 11.

And to celebrate the arrival of the all-singing, all-dancing show we have teamed up with the theatre and Debenhams in Midsummer Place to offer one lucky reader the ultimate night out.

They will receive four tickets to the not-to-be-missed show on Saturday, August 4.

And as if that wasn't enough, an exclusive VIP shopping experience with a personal shopper at Debenhams has been thrown in - after all, Legally Blonde is all about knowing who you are and showing what you've got.

The winner will also get the chance to select clothing, shoes and accessories to the value of £250 and be treated to a makeover from one of Debenhams' top beauty stylists so they can enjoy a night out at the theatre in true Legally Blonde style.

It's one 'Elle' of a prize so to be in with a chance of winning, simply answer this question: What is Elle Woods dog called?

Send your name, address and contact telephone number to competitions@mk-news.co.uk, or MK NEWS, 1 Diamond Court, Fox Milne, Milton Keynes, MK15 0DU by July 30. The editor's decision is final.

Terms and conditions

The £250 prize is valid on Debenhams own bought clothing and accessories.

The makeover and shopping spree are exclusive to one lucky winner and cannot be shared.

■ To read an interview with the Tony and Olivier Award-winning director of Legally Blonde, Jerry Mitchell, see MK LIFE.

PUBLIC EXHIBITION – EXTENSION TO SECKLOW GATE

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Old home restored as new ones built

BY DAN PALMER
dan.palmer@mk-news.co.uk

A LISTED building in Stony Stratford is to be restored as part of a deal which will also see 13 new homes built in the town.

Stratford House in Mill Lane has seen better days but is now set to be rejuvenated after councillors rubber-stamped the agreement.

Clayson Country Homes will be allowed to build the new houses to the rear of the Grade II-listed property.

But it will also carry out significant external alterations and restoration work, including rebuilding of the conservatory, restoration of the summer house and construction of a new garage.

The early 18th century building is currently unoccupied and along with the adjoining Ousebank Cottage, another listed building, is in desperate need of a revamp.

Ousebank is itself in the process of being restored into two dwellings.

Milton Keynes Council's case officer James Kirkham said: "Both properties have been neglected and in decline for a number of years.

Revamp: Stratford House

"The works proposed to Stratford House are largely repair and restoration which are considered to be beneficial to the listed building and its preservation."

Councillors on the local authority's development control committee were told last Tuesday that any minimal harm the new homes would cause to the setting of Stratford House would be outweighed by the public benefit arising from the development as a whole.

The houses will vary in size and style and there will be vehicle access from nearby Horn Lane.

Stratford House has been added to on a number of occasions, particularly in the 18th and 19th centuries.

Mr Kirkham said it was now a 'significant and important' building in the town.

Phillip Wharton, a Conservative councillor for Stony Stratford, spoke at the meeting in favour of the plan, which was passed unanimously.

He said: "This is a good application as it enhances the area and enhances Stratford House."

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IF Milton Keynes International Festival 2012

20 - 29 July
10 amazing days

Festival Highlights

La Compagnie Carabosse: Fire Gardens (Les Jardins de Feu)

Friday 20 - Sunday 22 July, Campbell Park.
£2 in advance, £3 on the night

Explore specially created fire gardens in this breathtaking transformation using dramatic fire, flames, music and sound.

Lone Twin: The Boat Project

Friday 20 - Sunday 29 July,
Queen's Court, thecentre:mk. FREE

A 30ft sailing boat built using wood donated by people from MK and beyond to celebrate the London 2012 Cultural Olympiad.

New Commission

Metro Boulot Dodo

Friday 20 - Sunday 29 July, Xscape Milton Keynes. Tickets £2

Take part in a multi-media journey, encountering soundtrack, film and visuals to uncover a fascinating story.

IF :2012 and Independent Cinema MK present Film: The Adventures of Prince Achmed (PG)

Wednesday 25 July, Theatre Tent, Campbell Park.
Tickets from £10

A beautifully crafted 1926 film inspired by the Arabian Nights, with a new score by award-winning composer Mira Calix.

Wired Aerial Theatre: As The World Tipped

Wednesday 25 & Thursday 26 July, Campbell Park.
£2 in advance, £3 on the night

This epic show combines film and a glorious soundtrack with actors suspended on wires to tell a powerful tale of ecological crisis.

IF at The World Picnic

Sunday 29 July, Campbell Park. FREE

Come dine with us al fresco! Revel in a glorious family celebration of theatre, circus, and multicultural music and dance.

Deabru Beltzak: Drums of Fire (Les Tambours de Feu)

Saturday 28 and Sunday 29 July,
Procession starts at Xscape. FREE

A trail blazing extravaganza of live music, pyrotechnics and special effects from Spain's fiery Deabru Beltzak drummers.

Family & Free Events

The Stables Spiegeltent

Duke Special

Friday 20 July
Spiegeltent, Campbell Park
Lush musicality and beautiful songs from this Northern Irish performer.

The Horne Section

Fri 20 & Sat 21 July
Spiegeltent, Campbell Park
Enjoy a blissfully funny music-infested feel-good funfair of an evening.

The Demon Barber Roadshow

Saturday 21 July
Spiegeltent, Campbell Park
A high-energy folk music and dance powerhouse with attitude.

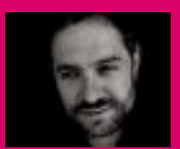
Ensemble 360

Sunday 22 July
Spiegeltent, Campbell Park
Classical maestros Ensemble 360 with a beautiful Olympic inspired concert.

The Unthanks + Guests

Monday 23 July
Spiegeltent, Campbell Park
The most innovative, critically acclaimed folk band in modern history.

Tom Baxter



Tuesday 24 July
Spiegeltent, Campbell Park
Beautifully crafted and heartfelt songs from this singer-songwriter.
Selling Fast!

Flap!

Tuesday 24 July
Spiegeltent, Campbell Park
An uplifting 1920s dance-era inspired band with intense rhythms.

Spiegeltent tickets from £2.50

IF is part of Milton Keynes Summer of Culture 2012

For full programme listings visit:
www.ifmiltonkeynes.org

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20 - 29 July
10 amazing days

The Stables Spiegeltent

UK Premiere

L'Orchestre D'Hommes-Orchestres performs Tom Waits

Thur 26 & Fri 27 July
Spiegeltent, Campbell Park
This bustling group's quirky, energetic tribute to the world of Tom Waits.

Silent Disco by SilentArena

Friday 27 July
Spiegeltent, Campbell Park
Wear headphones, select the sounds of your favoured DJ and party!

The Fitzrovia Radio Hour

Saturday 28 July
Spiegeltent, Campbell Park
A recreation of the unique spirit of 1940s radio plays. Spiffing!

James Hunter

Saturday 28 July
Spiegeltent, Campbell Park
This R'n'B man has American soul pumping through his veins.

The Gilded Lili Variety Revue

Saturday 28 July
Spiegeltent, Campbell Park
A late night naughty but nice burlesque and comedy night. **For adults.**

Hardeep Singh Kohli

Sunday 29 July
Spiegeltent, Campbell Park
Stories and cooking from this broadcaster and Celebrity Masterchef finalist.

The Raghu Dixit Project

Sunday 29 July
Spiegeltent, Campbell Park
Indian and world music from this rousing singer-songwriter.

Festival Highlights

Theatre Tent Shows

UK Premiere

Phare Ponleu Selpak with Compagnie Ubi: Rouge

Friday 20, Sunday 22 & Monday 23 July
Theatre Tent, Campbell Park. Ticket from £16

A powerful Cambodian production blending dance, live music and daring circus arts to create an extraordinarily dramatic show. Rouge is part of the London 2012 Festival.

Enfila't: Plecs

Saturday 21, Sunday 22 & Tuesday 24 July
Theatre Tent, Campbell Park. Tickets from £16

Four intriguing characters use mechanical contraptions, tumbling machinery and everyday props to keep their musical score playing, no matter what happens!

Au Cul du Loup: Score

Thursday 26 - Sunday 29 July
Theatre Tent, Campbell Park. Tickets from £16

This award-winning French company present Score, a beautiful production inspired by the sporting world – perfect for this momentous Olympic year.

Festival Central

For further information on shows, ticket deals and tips for your visit: www.ifmiltonkeynes.org

Festival Central: Campbell Park

Friday 20 - Sunday 29 July

Festival Central hosts outdoor events and temporary venues, food outlets, a bar and picnic areas throughout the 10 days of the Festival.

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Venue could host festival

THE idea of hosting a music festival at the National Bowl could be reignited.

At present the status of the city landmark is up in the air as the owner, the Homes and Communities Agency, is in the process of transfering ownership to Milton Keynes Council.

That deal is expected to be done by December and once the ink has dried Dons chairman Pete Winkelman is hoping to begin negotiations which could see the Bowl converted into the club's new training ground.

Any agreement between club and council is a long way off but whatever happens, live events will still be part of the Bowl's future.

Mr Winkelman believes the possibility of a festival at the site is an interesting idea.

He said: "A festival is a good question which lots of people have tried to answer over the years, but nobody has tried to make it work yet.

"People spoke of having camping in places like Campbell Park and Willen Lake and shipping people to the Bowl. What you have to do is get people around the Bowl but how do you do that?

"If you can get a festival here that guarantees a yearly event.

"Better people than I have tried to do it, but maybe they don't have the knowledge of the local area that I have."

Dance fans get into the mood

Pete Tong

Madeon

Fans form a tower but for some, Swedish House Mafia could only be seen on big screens, *below*

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Mafia end on a high

BY DAN PALMER
PICTURES: ANDY HANDLEY
editor@mk-news.co.uk

UP to 60,000 dance music fans crammed into the National Bowl on Saturday as Swedish House Mafia waved goodbye to the UK.

The phenomenally successful trio, who are splitting up, performed for more than two hours and reeled off hits such as Greyhound and Antidote.

Muddy conditions didn't put off gig-goers who danced and raved throughout the night.

It was an exceptionally loud performance which people reported hearing from miles away and event organisers faced a big clean-up job.

Many in the Bowl described the evening as being one of the best nights of their lives.

Group member Sebastian Ingrosso said afterwards: "Milton Keynes, thank you from the bottom of my heart for the biggest experience of my career. We came, we raved, we loved."

Support came from acts such as Calvin Harris, Madeon, Example and Pete Tong.

Calvin Harris

Muddy conditions, *below*, meant wellies, *left*, were a necessity

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Mower's removal of Jubilee plants

Upset: Denise Ilett and Hilary Saunders on Hodge Lea with all that is left of the jubilee celebration trees after they were mowed down during grass cutting

BY ANNA MAUREMOOTOO
anna.mauremootoo@mk-news.co.uk

THOUGHTLESS mowers have gone over five silver birch saplings lovingly planted by pensioners leaving the area bare.

Earlier in the summer the 15 inch saplings were planted in Brookside, Hodge Lea, along with primulas and daffodils by residents at Frederick Smith Court and members of Wolverton and Greenleys in Bloom.

But last weekend all the plants were carelessly cut down by mystery mowers.

Hilary Saunders, a volunteer for Wolverton and Greenleys in Bloom, said: "We were really pleased with the planting.

"It was a really careless act by the person operating the machine."

She was informed about the tree massacre by a nearby resident.

The area surrounding the plants had been mown previously and the plants had been avoided but on this occasion the same care was not taken.

She added: "It was quite obvious that the plants had been avoided during previous cuts.

"The primula and daffodils will probably grow back but nothing remains of the silver birch saplings.

"This was a real community spirited project and its a real shame that this has happened."

The saplings were five of the 105 donated to Wolverton and Greenleys in Bloom as part of the Queen's Jubilee Trust.

The project was such a success that it was the cover picture for the Wolverton and Greenleys Town Council magazine but now all that remains are broken bits of the protective piping that surrounded the saplings.

Members of Wolverton and Greenleys in Bloom believed that this land was tended to by Milton Keynes Council but they have no knowledge of the removal of the trees.

A spokesman said: "We have no record of any council staff removing trees in this area.

"We would need more information to look at this issue in more detail."

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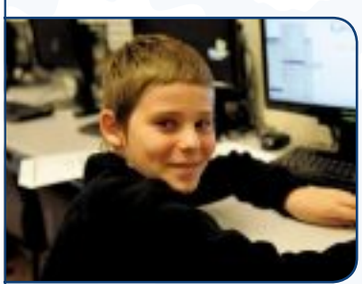

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TEL: **John Robinson** on **07889 150648**
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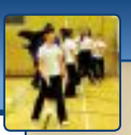

You can find out more about the *Academies Enterprise Trust* on **www.academiesenterprisetrust.org**

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Tune in to Bletchley Park's radio display

BY ADAM GRINSELL
adam.grinsell@mk-news.co.uk

A NEW centre detailing the history of radio communication has now opened at Bletchley Park.

Last Wednesday Government minister for culture Ed Vaizey officially opened the National Radio Centre at the park, which features a small cinema and examples of equipment from the 20th century.

The centre has been developed by the Radio Society of Great Britain (RSGB) and will be open every Thursday, Saturday and Sunday from 11am-4.30pm.

Mr Vaizey said: "The centre will do an enormous amount to spread knowledge about the history of radio and its continuing importance in the 21st century.

"The National Radio Centre is a great reminder of Britain's place in the history of radio and the incredibly important role that Britain has played in developing radio. And we still pioneer not just in the field of amateur radio but also digital radio."

Iain Standen, CEO of the Bletchley Park Trust, explained that the National Radio Centre will form an integral part of the visitor experience at the park.

He said: "Radio communication is a technology that underpins many of the other aspects of our heritage displayed at Bletchley Park and we are delighted that the Radio Society of Great Britain has chosen this location for the National Radio Centre."

Open: Culture minister Ed Vaizey with Dave Wilson, RSGB president

Club appoints first female president

FOR the first time a lioness will reign over the den at The Lions Club of Bletchley.

Doreen Freeman became president of the club in a ceremony attended by members and district governor Andrew Allen.

In her address Mrs Freeman said: "I want us to continue and hopefully expand the service aspect of Lionism, to get back to the roots of our organisation."

Mrs Freeman became a member of Bletchley Lions with her husband in 2009 when they moved to the city.

Previously she has been a member of The Lions in Harrow and Pinner Lions, her previous home town.

The special event, held at the DoubleTree Hilton, also saw Mr Allen badge up David Goodridge as a new member of the club.

For more information call 07774 227924, or e-mail secretary@lcbmk.co.uk.

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Dive into history at exclusive exhibition

AN EXCLUSIVE display which includes medals from the very first modern Olympic games in 1896 is being hosted in the city centre from Saturday.

thecentre:mk will have the display of the history of the games' aquatic events, called Passion and Progress, until September 2.

It will be travelling to Middleton Hall all the way from The International Swimming Hall of Fame (ISHOF) in Fort Lauderdale, Florida.

The display shows off memorabilia, swimwear and medals awarded from the beginning of the modern movement to 2008, while the Olympic games can be watched from a huge 3.2metre by 2.6metre suspended screen at The Beach, also in Middleton Hall.

Bruce Wigo, president and CEO of ISHOF, said: "We hope to inspire more people to swim to become healthy, fit and safe in water.

"The exhibition will educate the public on the history of Olympians and this, combined with live viewing of the games, will prove to be an exciting and enlightening educational event."

Medals on show include an Athens 1896 Olympiad and ones from every modern Olympic games to Beijing 2008.

Poorly Daniel meets racers

A POORLY young man got to meet his racing heroes at the recent British Grand Prix.

As reported by MK NEWS, eight-year-old Daniel Tripp from Brownswood joined a small group of other Great Ormond Street Hospital patients as VIP guests of Bernie Ecclestone at the event at Silverstone.

Daniel had a rare benign tumour called an ossifying fibroma in his cheek.

This had to be operated on at the London hospital, which resulted in Daniel losing half his top jaw and teeth and will mean he will need frequent check-ups and CT scans in the future to ensure it doesn't come back.

He will also need reconstructive surgery later in life.

So he and other brave children got the once-in-a-lifetime opportunity to spend a day in the paddocks meeting the stars of F1.

Great Ormond Street Hospital was the official charity of the 2012 F1 British Grand Prix.

Hero: Daniel Tripp got to meet racers including Lewis Hamilton

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Hospice helps brave Olivia walk the aisle

Hospice thank you: Olivia with parents Amanda and Wendy Black on their wedding day

BY ADAM GRINSELL
adam.grinsell@mk-news.co.uk

A BRAVE little girl with an extremely rare and debilitating condition was able to walk with her parents down the aisle thanks to a hospice's support.

Four-year-old Olivia Black is one of only 300 people in the world to have the neurological syndrome CDKL5, similar to Retts.

It means that she is fed through a tube, has low muscle tone, can't talk and has severe developmental delays. She also has daily seizures lasting for around ten minutes at a time.

So with her condition it was unlikely she would be able to accompany her parents Wendy and Amanda down the aisle when they got married recently, but thanks to Keech Hospice Care she managed the seemingly impossible task.

Amanda said: "Olivia has been having physiotherapy every week for the last few years which has been crucial to her progress.

"We decided to get married this year as she has come on so well and we thought it would be nice to have her walk down the aisle.

"On the afternoon of the wedding Olivia actually had a seizure and we were worried she would not be well enough to take part in the ceremony, but as with everything Olivia tackled the challenge head on and beat all odds by walking down the aisle of Bletchley registry office in her beautiful dress assisted by our two matrons of honours."

Olivia has been visiting Keech Hospice Care since she was one and enjoys the many therapies on offer, as well as working on her physiotherapy.

Keech also allows the family to have respite care and they enjoy the hydrotherapy pool, which allows them to have family swims, while brother Owen, five, enjoys sibling activities such as parties and trips to Woburn.

To say thank you the happy couple bought their wedding favours from Keech.

Amanda added: "We decided to involve Keech after spending a night there for respite when we saw a leaflet advertising favours.

"We thought it was a great way to benefit Keech and not only was it something quirky and a bit different, just like us, but it was also really personal.

"I would definitely recommend anyone to use Keech Hospice Care wedding favours. I was really impressed with how great they looked and seeing how much the money really impacts the hospice made it that extra special."

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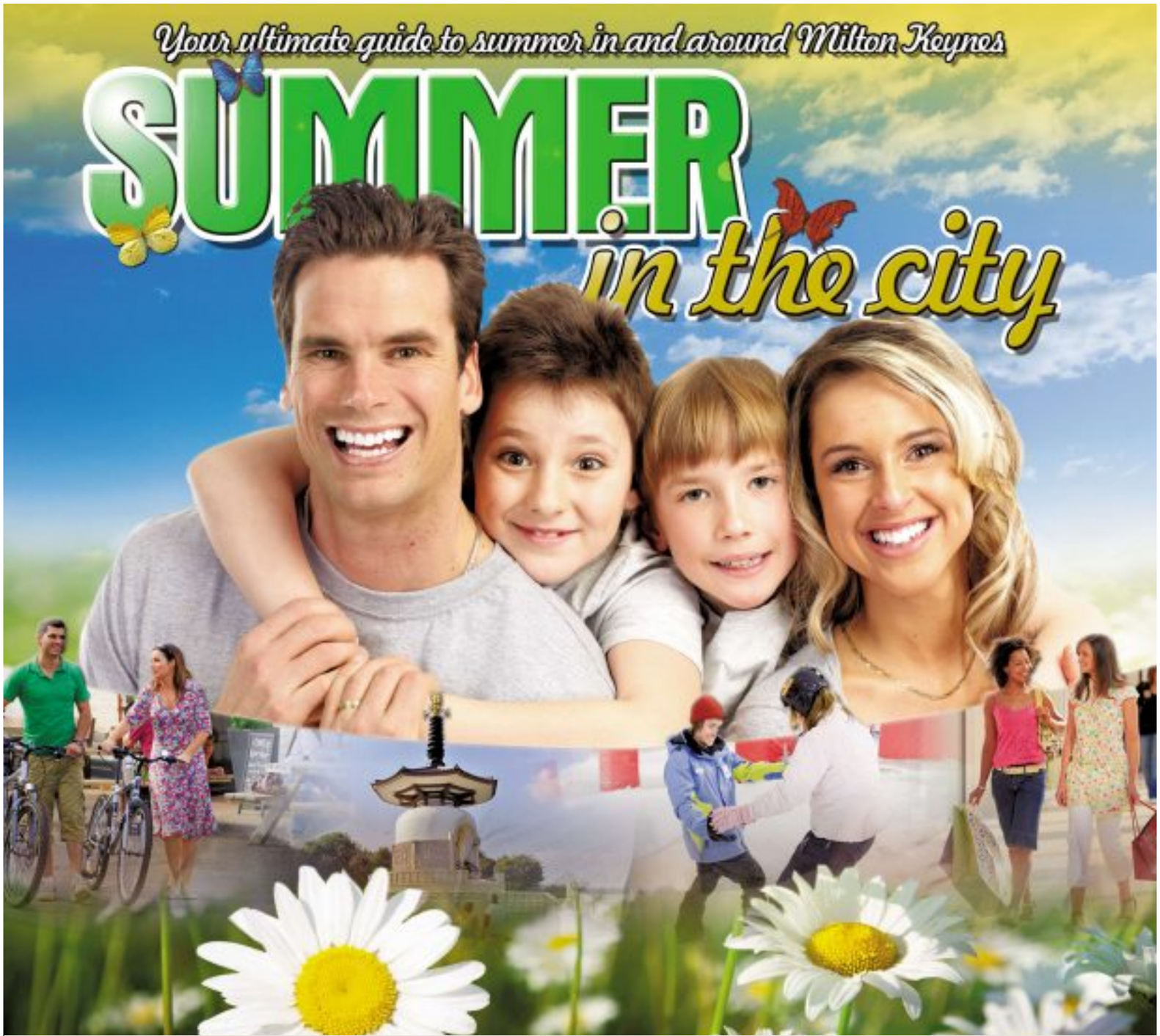

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SUMMER in the city

THE great British weather may be playing havoc with your staycation plans this year - so MK NEWS has put together this handy guide to help you through the summer holidays.

Whether it's looking for something for the family to do in Milton Keynes, searching for the perfect place to unwind in the evening, or forgetting the rain and pampering yourself, Summer In The City is here to help.

Our pull-out-and-keep summer supplement guarantees you and your loved ones won't be stuck indoors and if the sun does make an appearance, will ensure you know what's going on and when.

Contents

Pages 4 to 8
There's plenty going on throughout the summer in Milton Keynes and the surrounding area, so make sure you are not stuck for ideas with our Days Out guide.

Pages 9 to 11
If it's a big night out you need, or perhaps one of culture and sophistication, then look no further than our Nights Out pages.

Pages 12 and 13
Pamper yourself and look after your body this summer - we have all the details on the latest fitness craze and find out how best to relax and unwind with summer health and beauty.

Pages 14 and 15
Here's hoping we will soon be able to enjoy some much needed sun - just in case, check out our Outdoor Living section to make sure you are prepared for the big yellow ball in the sky.

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SUMMER in the city Daysout

THERE'S plenty going on at Xscape over the coming weeks for you to really get your teeth into.

Throughout the summer, the famous city building will really be letting off some steam, with The Big Summer Blow Out kicking off just in time for the holidays.

Along with loads of free entertainment, including live music, highlights of the Blow Out also include a skatepark and gaming zones, so this summer things are going to be seriously rocking at Xscape.

The Blow Out's festival takes place on July 28 and will be a highlight of the season with a top line-up of local bands, street entertainment and a great food and drink offer, plus live fashion events and more. There's so much going on that there will be a real festival atmosphere throughout the afternoon and into the evening.

From July 21, right the way through to September 9, Xscape will be hosting the Blow Out Games Zone, featuring live gaming events and your chance to win some awesome prizes.

It's taking place in the main mall for everyone to enjoy and taking part is absolutely free – so don't be scared about getting involved.

Furthermore, don't miss trying out the impressive blocks, rails and ledges in the huge skate park that's hitting Xscape between August 6 and 26. This will include demos and workshops, as well as a nursery ramp for beginners and speciality sessions for BMX, scooters and more.

Xscape MK is home to Europe's premier real indoor snow slopes, as well as a 16-screen luxury cinema, the very best in restaurants, bars and nightclubs, plus the latest in urban lifestyle retail.

There's something for everyone so make sure you go down and visit – it's got summer covered.

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SUMMER in the city

Daysout

AT WOBURN Safari Park there have been some adorable new residents arriving - of both the large and small variety.

One of the tiniest mammals in the world, weighing in at around 200g - the common marmoset roams freely in the Animal Encounters area. Parents Lady and Barney recently had twin babies and they are due to be named in a couple of weeks.

Across in the Road Safari the herd of rare Rothschild's giraffe saw the birth of a male calf on June 11, the third giraffe calf this year! The new additions are great news for Woburn Safari Park's conservation programme to protect the critically endangered species. This type of giraffe is now believed to be the rarest in East Africa, so every new calf born is incredibly important for the continuing survival of this majestic species. Meanwhile, in the Monkey Jungle the troop of barbary macaques saw the arrival of two new infants.

Two Asian short-clawed otters, Tambo and Kelani, have been splashing around and settling in to their new enclosure home. Tambo joins from Welsh Mountain Zoo, while Kelani hails from Cotswolds Wildlife Park. Asian short-clawed otters mate for life, so keepers hope this pair will hit it off and find love in their new home.

Another extra special announcement arrived in the form of three calves born into the herd of mountain bongo. The three calves arrived in May, which is great news as East African mountain bongo are a critically endangered species, with only 70 thought to be left in the wild.

Woburn Safari Park is proud of its ever expanding family of magnificent wild animals - why not take your family along this summer to check out all the new arrivals, enjoy a 3D show and sea lion performance and meet an elephant face to face!

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SUMMER in the city

SUMMER in the city

SUMMER in the city

Daysout

THE celebrations never stop in Milton Keynes' parks with a host of wonderful and exciting events arranged for this summer by The Parks Trust.

An open-air festival of eight films, twilight walks to discover more about wildlife, a Frog Day to get your children hopping-happy, a circus skills training workshop and, for the first time, a free Proms in the Park concert are just some of the fantastic events on offer.

The much-loved Proms in the Park is making a triumphant return to Campbell Park on Wednesday, August 1 at 8pm after an absence of several years and for the first time ever will be absolutely free. This amazing concert, performed by Milton Keynes City Orchestra and conducted by Hilary Davan Wetton, is part of Milton Keynes Summer of Culture 2012. It is the culmination of 11 hours of free family entertainment in Campbell Park starting with MK Playday and followed by a cultural festival to celebrate the visit from the Cultural Olympiad project Godiva Awakes.

Love will triumph in one of Shakespeare's wittiest comedies - Much Ado About Nothing. The play will be performed at the pavilion in Campbell Park on August 3 at 7.30pm. The performance is suitable for adults and children aged eight and over but be sure to book in advance as these popular productions sell out every year.

Join park rangers for a 'ribbeting' school holiday event on Tuesday, August 7 in Howe Park Wood. Join an expedition to hunt for frogs, discover more about the wildlife that lives in our ponds and streams and have some frogtastic fun. The event costs £3 per child and takes place at 10am–noon or from 1–3pm. Booking is essential as The Parks Trust holiday programme is extremely popular.

The Open-Air Film Festival starts with two drive-in movies, Cars and the Italian Job, on Friday, August 17. These two movies are ticketed and each film costs £10 per car. Over the festival weekend (Saturday–Sunday, August 18-19) there are six popular films to attend for free, including The Incredibles, The Goonies, Indiana Jones – Raiders of the Lost Ark, Wallace and Gromit's Curse of the Weir Rabbit, Mary Poppins and The King's Speech.

Feel like running away to join the circus? Take part in the trust's Circus Skills event. Taking place on Tuesday, August 21, 10am-noon, or 1-3pm, you'll be able to watch a display and then join in the fun. The cost is £3 per child and booking is a must as these children's holiday events are hugely popular. Children must be accompanied by an adult. Call 01908 255379, or email events@theparkstrust.com to book your place.

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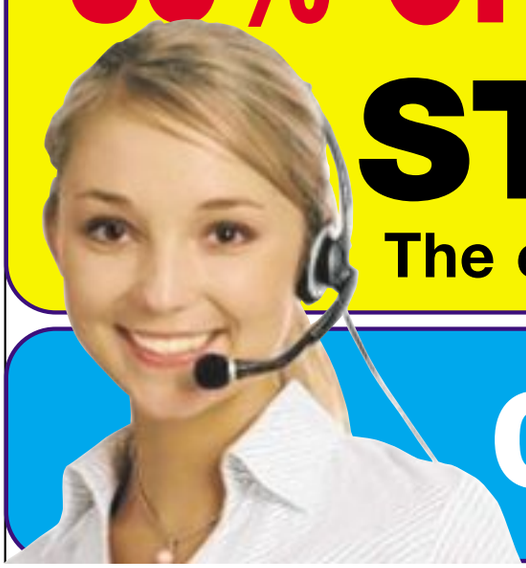

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SUMMER in the city

Daysout

BEAT the elements when the fully indoor beach arrives back in Middleton Hall at thecentre:mk from Saturday until September 2, with 160 tonnes of sand and a full schedule of activities planned for the whole family to enjoy - it's beach bliss at thecentre:mk!

Beach dwellers will be able to enjoy the beach and watch the Olympic Games on a 3.2-metre by 2.6-metre screen. And alongside the much-loved crazy golf - in keeping with summer's sporty theme - the MK Dons Sport and Education Trust will visit the beach every Tuesday and Thursday from 4-6pm to encourage children to partake in sporting activities.

Mum and dad can relax in the deckchairs and enjoy refreshments from Costa's beach cafe, while children can be entertained with games and crafts provided by Milton Keynes Play Association (MKPA). A full Costa menu will be on sale, with iced lattes, fresh paninis and a full range of delicious snacks available throughout the day. Other retailers will also be along the beach front, with seaside-themed treasures.

Traditional Punch and Judy shows bring some humour to the sand and entertain the crowds most Wednesdays, or visit the exhibition of local artist Alexandra Leadbeater and her striking aqua-themed collection of artwork named Wave. There will also be a fun competition quiz for children with a special prize for the winner.

Melanie Beck, head of marketing and communication at thecentre:mk, said: "The beach at thecentre:mk is set to be another fun-filled event this year with interactive games for the children, local artist Alexandra Leadbeater and the Olympic Games being shown on our huge screen being just some of our key features.

"We hope that everyone will enjoy the free activities and families can take advantage of the entertainment organised in our central shopping location. We welcome the local charity MK Dons Sport and Education Trust and look forward to thecentre:mk visitors getting into the sporty spirit of summer 2012. Don't forget your bucket and spade!"

This year thecentre:mk will also host an exhibition on the History of Aquatics flown in from the International Swimming Hall of Fame in Florida, USA. The exhibition will delight and enthral with Olympic medals, costumes and historical memorabilia.

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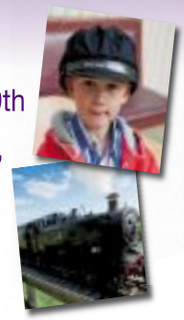

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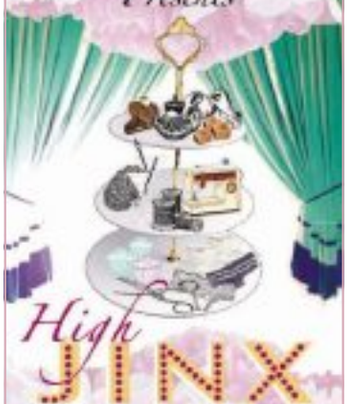

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SUMMER in the city

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Days out

EXPLORING the universe, a bouncy Stonehenge, acrobatics in a junkshop, paper-folding workshops, giant games and puzzles - fantastic shows and events for all the family, completely free at IF: Milton Keynes International Festival.

Children and families will have much to enjoy from Friday to July 29 as the festival takes over the heart of the city.

For these ten days, Milton Keynes is transformed into a place of adventure and imagination, with Campbell Park becoming Festival Central.
For one day only, Britain's best known ancient landmark Stonehenge arrives in one of the UK's newest cities. Created by Turner Prize-winning artist Jeremy Deller, Sacrilege is a life-sized inflatable replica of Stonehenge for people of all ages to bounce on - lots of fun and very playful. It's in Fishermead for one day only on Friday.

The Boat Project sails into thecentre:mk on Friday for the duration of the festival. Crafted from wood donated by the public, it stops off in Milton Keynes – one of the furthest points from the sea! It's a great chance to see this truly remarkable boat up close and meet the builders and crew – and there are also lots of free events to celebrate its stay in the city.
Fevered Sleep's Little Universe, in Campbell Park on Saturday and Sunday, explores big ideas for very small people, from the biggest of galaxies to the smallest things in the world, revealing the patterns and movements that set everything in motion. Children aged three to five will delight in a show which is both carefully choreographed and wildly anarchic.

Kazzum's interactive show on Saturday and Sunday is for all the family and sees all sorts of Brown Paper Packages landing unexpectedly in Campbell Park with three enormous boxes containing mystery contents and emitting the most peculiar sounds. There will also be paper-folding workshops after each show so children can create characters and animals from the show.

Res de Res' Bridges (Pontes) is a highly-entertaining, visual theatre mixing circus, dance and music.

A character performs gravity defying acrobatics with unnerving skill on a set that looks for all the world like a curious pop-up junk shop. Catch this intriguing and highly entertaining performer on Saturday, July 28.
In Giant Art Games, Barcelona-based company Guixot de 8 uses reclaimed materials and ingenious mechanics to turn some of the 20th century's most famous sculptures into giant games and puzzles. Put down the Sudoku and have some fun on Saturday and Sunday, July 28 and 29.

Many of the festival's free events are also presented as part of The World Picnic, a large multicultural community celebration on the final day of IF: 2012 in Campbell Park on Sunday, July 29.

World Picnic events include a witty and breath taking acrobatic spectacular The Man Who Loses His Buttons from Catalan ensemble Cirque Panic, a highly visual performance from another Catalan company MuMusic Circus with My Wheel, Etta Ermini Dance Theatre's seemingly happy Picnic, and The Singing City Choir on the Amphitheatre Stage.

For more information, visit www.ifmiltonkeynes.org.

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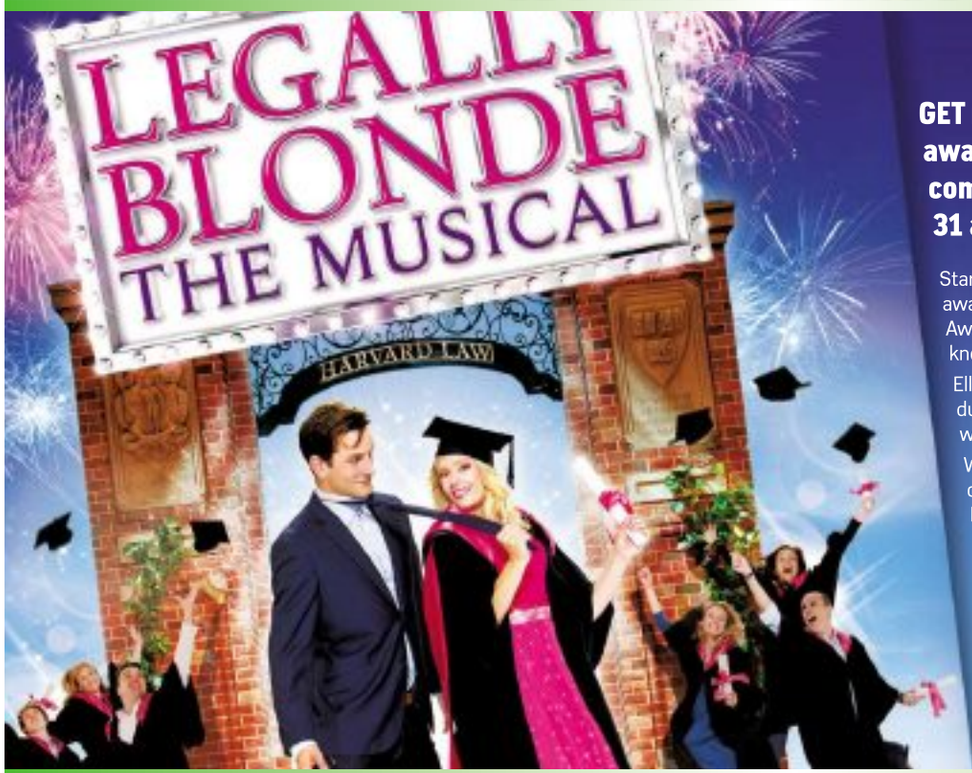
SUMMER in the city

Nightsout



GET ready to 'bend and snap' as the international award-winning hit Legally Blonde The Musical is coming to Milton Keynes Theatre between July 31 and August 11.

Starring Gareth Gates and Jennifer Ellison and winner of seven major awards including the coveted Best Musical 2011 at the Olivier Awards, this all singing, all dancing romantic comedy is about knowing who you are and showing what you've got.

Elle Woods can handle anything, so when her boyfriend, Warner, dumps her she decides to follow him to Harvard Law School and win him back.

With some help from new-found friends Paulette, Emmett and her chihuahua Bruiser, she learns that it's so much better to be smart. Directed by Tony and Olivier Award-winning Jerry Mitchell, Legally Blonde The Musical is the funniest and most fabulous musical around.

Tickets to the show, which will be performed on Monday-Saturday at 7.30pm and Wednesday and Saturday at 2.30pm, cost between £17.50 and £46. They are available from www.atgtickets.com /miltonkeynes, or 0844 871 7652. Booking fee applies.

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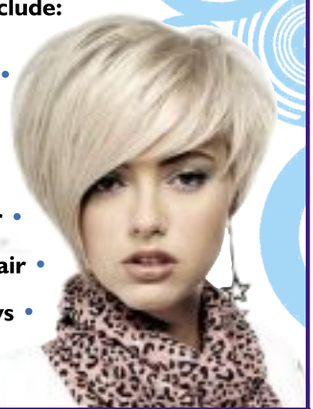

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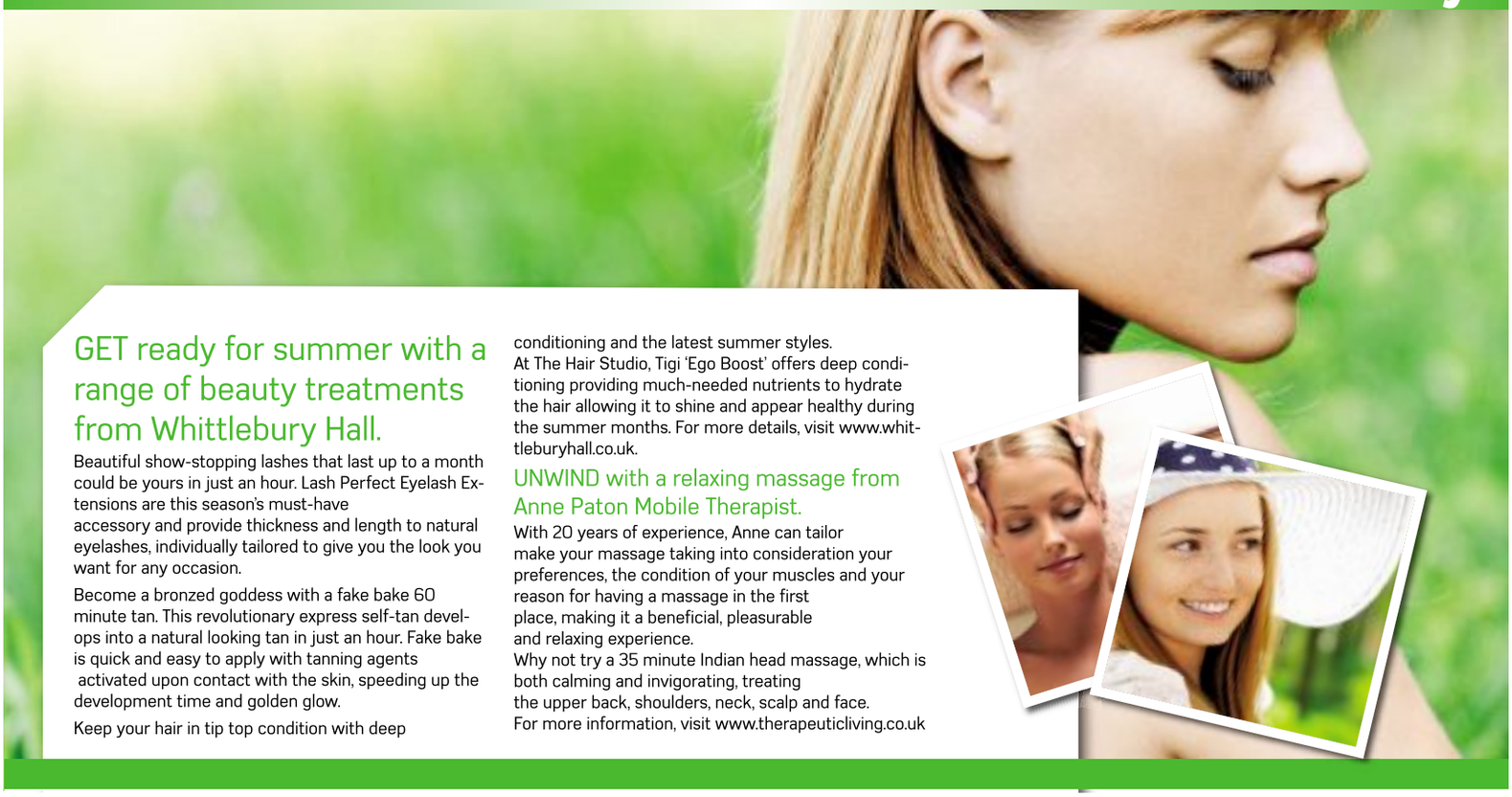
SUMMER in the city

SUMMER in the city

SummerBeauty



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Keep your hair in tip top condition with deep conditioning and the latest summer styles. At The Hair Studio, Tigi 'Ego Boost' offers deep conditioning providing much-needed nutrients to hydrate the hair allowing it to shine and appear healthy during the summer months. For more details, visit www.whittleburyhall.co.uk.

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SUMMER in the city

WHETHER it's a balcony, patio, back yard or garden that you've got - if the weather ever cheers up this summer then you are going to want to spend some time out in it.

But what do you need from your garden?

If you love to cook and entertain outdoors a permanent barbecue area could be right for you. But think carefully about where you site it - the neighbours won't thank you if the smoke blows straight onto their freshly laundered washing. Oh, and keep it away from anything that you might set alight such as fences.

Global warming doesn't seem to have reached Milton Keynes yet so how about raising the temperature artificially?

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SUMMER in the city

Outdoorliving

Create atmosphere by adding subtle lighting under statement plants or ornaments. Hang little lanterns in trees and burn huge church candles inside floor-sited lanterns. Even simple jam jars with tea lights are effective but watch out - they get hot!

Seating is important. A mix of permanent and temporary is ideal. You can enjoy the convenience of benches or cast concrete seating all year round but you will need to store your designer furniture away from the damaging effects of rain, wind and frosts in the winter.

If you like clean, minimalist lines consider adding smooth reflective surfaces, modern accessories and a water feature to get that stylish 'zen' effect.

For a more traditional approach, introduce meandering gravel pathways or stepping stones across the lawn, traditional furniture and big bold bushes of colourful plants.

A conservatory gives you extra living space, a window on the world when it is too darn cold to sit out and a snug winter home for your geraniums. Unless you're in a conservation or environmentally sensitive area, you rarely need planning permission but keeping it at a comfortable temperature in both summer and winter can be tricky.

The alternative is a sunroom or garden room with glazed walls and a solid insulated roof but this sort of extension does require building control approval.

Ideally, your garden will be a seamless extension to your home and one in which you can make the most of the light nights, the warmer weather and yes, the alfresco life.

SUMMER in the city

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MKlife

your guide to leisure in your city

Jumpin' and jivin'

IT DON'T mean a thing if you ain't got that swing - so make a note in your diary for Friday night and slip on your dancing shoes.

The world-famous Pasadena Roof Orchestra is visiting Milton Keynes as part of its busy, globe-trotting schedule.

The Stables will be filled with the sounds of the 1920s and 30s at 8pm, as the orchestra brings the toe-tapping audience the best of its new album, Licensed to Swing.

Created in 1969, the group was born after founder member John Arthy discovered more than 1,000 original dance band arrangements in an attic.

Since then the Pasadena Roof Orchestra has toured far-flung places such as New York, Dubai and Kuala Lumpur, played in the scores of a number of films, and even performed at a Christmas party at Buckingham Palace in 2010.

The roof is sure to be raised by this dynamic and unique group, so make sure to book your seats for the swinging-est band in town!

Tickets cost £20 and are available from www.stables.org, or the box office on 01908 280800.

Leisure or events news? e-mail **editor@mk-news.co.uk** | phone **01908 689595**

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jerrymitchell

TO BE a successful Broadway director you have to know a good thing when you see it.

Jerry Mitchell knew that Legally Blonde was a very good thing from the moment he set eyes on the script.

Jerry Mitchell talked to MK LIFE about what makes a great story, why people love Strictly and what to do if you fall flat on your backside on stage…

What is the thing that has most surprised you about working on Legally Blonde?

"I guess the biggest surprise for me was that it is not just a show for girls. The guys who see it, even if they are dragged along by their girlfriends or wives, have an amazing reaction to it."

Why do you think Strictly Come Dancing is such a success?

"For me, dancing is like flying; everyone wants to do it but few can. I agree with George Bernard Shaw who described dancing as: 'The vertical expression of a horizontal desire legalised by music.' It's such a sexy art."

You've enjoyed fantastic success over the years but what has been the most embarrassing moment in your career?

"I was dancing in A Chorus Line on Broadway, I kicked my leg up and fell flat on my back – but I got up and started all over again!"

What do you like about working in the UK?

"The scope of shows on offer in the West End is so much wider than on Broadway."

By Judy Riley

For the full interview, visit our website - www.mk-news.co.uk

galleryhighlights

THIS week's Friday Night Film at MK Gallery is Blade Runner, *pictured*, the classic science-fiction movie from 1982.

At 6.30pm join Harrison Ford in a futuristic LA, which features genetically engineered robots called replicants.

Tomorrow night there is the Small Press Comic Fair - a chance to see and buy a wide range of comics from 6-9pm.

There's also live music this week, with 'Nope' and 'Bad Boy' playing at 7pm on Saturday. For more information, visit www.mkgallery.org.

disneygaming

IF THE constant rain is getting you down then new Nintendo 3DS release Kingdom Hearts 3D: Dream Drop Distance could be just the thing you need to escape from reality for a while.

This is the latest title in the popular series developed jointly by computer game company Square Enix and Disney.

Kingdom Hearts characters such as Sora and Riku mingle with more recognisable faces like Mickey Mouse in an extremely odd but somehow pleasing universe.

Mickey actually appears in three different guises, one where he is the king of a Disney castle, one where he is a member of the Three Musketeers and one where he is an apprentice of Yen Sid, just as he was in the classic animated film Fantasia.

There's a fun adventure-type story line to follow and get involved with and there are also appearances from Donald Duck and Goofy which probably means that this is something the younger generation may enjoy a tad more than the older folk.

MKlife | Movies | Columnists | Family Life

darkknight

IT'S time to welcome back the Caped Crusader.

The Dark Knight Rises is the third and final installment of Christopher Nolan's Batman triology so it's time to get ready for some more flying superhero mayhem.

Christian Bale is back as the man in black (and the billionaire Bruce Wayne, of course) and Morgan Freeman, Gary Oldman and Michael Caine also reprise their roles – the latter as everyone's favourite butler Alfred.

There are new roles for Anne Hathaway and Tom Hardy but the premise of the film of course remains the same - Batman is needed to save the day from a bad guy.

This time it's a terrorist who plans to destroy Gotham City and will stop at nothing to get his wish.

Sadly though, Batman has been sent into exile so isn't initially about to intervene.

Set eight years after the events of the last film The Dark Knight, this is arguably the best film out of the three.

As you'd expect it's exciting and action-packed and some have even tipped it for an Oscar nomination.

For a film of this type that would be noteworthy.

★★★★☆

thebuszy

THERE is a huge range of activities for 8-14 year olds at The Buszy in Central Milton Keynes.

Choose from skateboarding, cooking, photography, animation, arts & crafts, street dance and loads more.

Activities run all day between July 23 and August 24.

For more information visit www.thebuszy.com.

storylab

JOIN in Story Lab in libraries across Milton Keynes from Friday.

Be part of the reading challenge by visiting http://summerreadingchallenge.org.uk/

THIS week columnist JAMES PERRY has a sticky-sweet treat for us. He writes about jams and preserves, and even has a lovely compote recipe

A RECENT article revealed the country is going through a preserve renaissance with Waitrose now stocking 104 varieties of jams, compotes and jellys and a reported 64 per cent increase in sales of jam funnels.

It's clear that we like a bit of jam - I certainly do, and this is the season to be making them with hordes of strawberries, raspberries, cherries and blueberries available.

It's easy to do and tastes great.

A thermometer is an essential tool for making jam - you need to bring your fruit and sugar to 104°C, which ensures the natural pectin in your fruit will set your jam.

And you don't have to do just the normal, expected flavours, you can change it up a bit. For example my Eton mess layer cake made with strawberry and bay leaf compote went down a storm at Wolverton's recent It's In The Square event.

Try it yourself or make your own creations. A chilli and orange marmalade is great to use in stir fries and the sugar helps to make the sauce really sticky.

Next month I'm going to write about bread, in particular brioche, so get making jam ready for that!

To get you started here is my strawberry and bay leaf compote recipe:

Ingredients

- 500g fresh strawberries (hulled and quartered);
- 150g sugar;
- Two tbsp cherry vinegar or balsamic;
- Seven bay leaves.

Method

- Add all the ingredients to a saucepan and place over a medium heat.
- As the strawberries get hot they will start to release their juices - once this happens give it a good stir and reduce to a simmer.
- Leave simmering for about 30 minutes or until the temperature reaches 104°C.
- Allow to cool completely before transferring to sterilised jars and remove the bay leaves before serving.

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www.stables.org
the stables

Thursday 19 July, 8pm
ELENA DURAN – BROADWAY TO HOLLYWOOD
The charismatic flute player treats us to a concert of show tunes from favourite Broadway and Hollywood musicals.
Tickets £15, £17.50

Friday 20 July, 8pm
THE PASADENA ROOF ORCHESTRA
A cocktail of the finest tunes from the 1920s and 1930s, shaken and not stirred.
Tickets £20

Saturday 18 August, 8pm
HATS OFF TO LED ZEPPELIN
A stunning tribute to the greatest rock band ever – Kashmir, Whole Lotta Love, Stairway To Heaven and many many more!
Tickets £15

Sunday 19 August, 8pm
THE BIG CHRIS BARBER BAND
All your favourite music from this great 10-piece band – songs from Duke Ellington, Sidney Bechet, Sonny Terry and more.
Tickets £21.50

Friday 31 August, 8pm
BRUCE COCKBURN
The revered songwriter joins us touring his latest album Slice O Life.
Tickets £21

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www.mkweb.co.uk/restaurants

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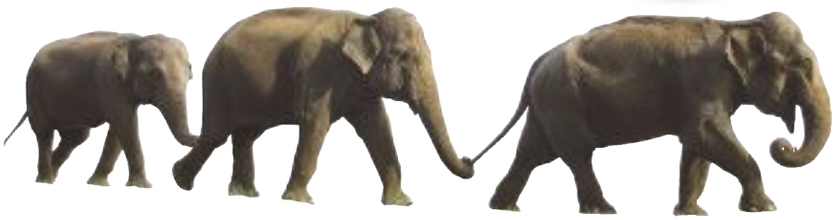
MKlife | Competitions | Out and about

WIN an evening with elephants at safari park



herdsoffun

WIN tickets to spend an evening with the elephants at Woburn Safari Park - worth more than £250!

This summer you can get extra close to the largest residents of the park with a special event dedicated to the elephant herd.

The Asian elephants are inviting you to join them at a tranquil lakeside location, in the exclusive setting of the Duke of Bedford's private estate on Saturday, August 11.

You'll get the opportunity to meet the females of the elephant herd as they exercise and have fun in their own private playground at Drakeloe Lake.

WOBURN SAFARI PARK

This is an extraordinary chance to see the elephants enjoying the natural habitat of the park, as they would in the wild.

After meeting these amazing animals, you will be driven back to the safari park where you can indulge in a gourmet barbecue.

Delicious food and drinks will be served at the Safari Lodge, before the entertainment continues with talks and demonstrations in the leisure area.

Tickets for this VIP event are limited to ensure all guests get the chance to get close to the elephants and enjoy an unforgettable experience.

You can buy tickets online at www.woburn.co.uk for this special event - prices are £79 per adult and £59 per child.

To be in with a chance of winning two adult and two child tickets, simply answer this following question:

Which of these animals lives in a herd?

A) Elephant B) Monkey C) Lion

Send your answer, name, address and daytime telephone number to competitions@mk-news.co.uk, or MK NEWS, 1 Diamond Court, Fox Milne, MK15 0DU by July 25. The editor's decision is final.

MKANNOUNCEMENTS

Birthdays

80th Birthday
THE REVEREND 'MAC' MCDONALD
will be 80 on Monday 23rd July 2012. With all our love from Hanne, Steve & Lisa, Peter & Christina and all the grandchildren.

LEAH SHARWOOD
Happy 21st Birthday and Congratulations on your 2:1 degree. We are very proud of you. Love Mum, Dad, Rachael, Nanny & Grandad xxx

ELE BARTH
Happy 21st Birthday
14th July
With love from all the Family xxx

GIORGIO LA MURA
Happy 18th Birthday on 17th July
Have fun in Kavos!
Lots of love Mum, John & Gabby
xxxx

DINKY!
ALICE CANNING
21 TODAY
You have always been a beautiful daughter, a strong sister & friend & a wonderful loving young lady.
You deserve to have a fantastic birthday
Love you lots forever
Mum, Kev, Daren, Lee & Becky
xxxx

Forthcoming Marriages

Congratulations
MICHAEL LARGE & JODIE DEARDS
on their Forthcoming Wedding
17th August 2012
Lots of love and best wishes from all your Family and Friends

Anniversaries

PENNY & TREVOR STEVENSON
Congratulations on your Silver wedding Anniversary
Love from Mum, Russell & Joanne

getout

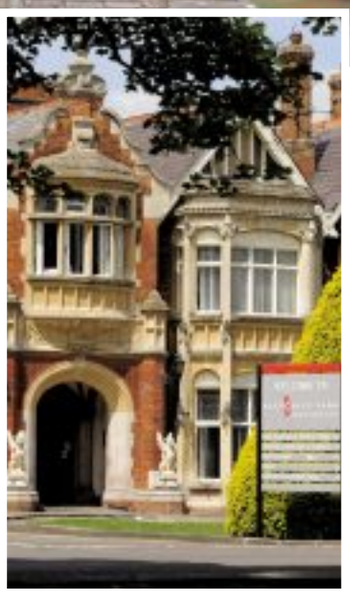
BARGE in on the Buckingham Canal Society Festival at Cosgrove Lock on Saturday and Sunday.
From 10am both days enjoy the cheese, fudge and cookie boats, historic narrow boats, handbell ringers and lots more.

THROUGHOUT the summer holidays join Bletchley Park for its Family Fun Wednesdays.
Every Wednesday from next week to August 29 between 10.30am and 4pm, education and fun combine in crafts, films, workshops and guided tours. For more information call 01908 640404.

BE CAREFUL on your trip to the Safety Centre's open day on Sunday.
The centre, in Kiln Farm, will give you the chance to take part in quizzes and games and meet the fire service and police. From 10am-4pm.

WE DO like to be beside Wolverton-on-Sea.
At the farmer's market on Saturday from 9am-1pm and the community orchard on Sunday from 2-5pm, build sand castles, follow the pirate trail and join in lots of games.

MK ROLLER Derby is two on Saturday.
To celebrate it is having a bash at the Craufurd Arms in Wolverton at 8pm.



got an exciting event?
email adam.grinsell @mk-news.co.uk
see our online gig guide
www.mk-news.co.uk

Your essential guide to events big and small throughout Milton Keynes

MK life HOT PICKS

beachbums

SUN yourself this summer - or at least pretend when thecentre:mk's indoor beach returns on Saturday.

Until September 2, get down to Middleton Hall for beach games, Punch and Judy, the Olympics on a big screen, and refreshments and stalls for mum and dad.

mrpiano

THE piano maestro Jools Holland brings his Rhythm & Blues Orchestra to MK Theatre next Wednesday.

He will be tickling the ivories to help you jive the night away. Tickets from £31.50 are available from www.atgtickets.com.

historytime

'AVE' a fantastic time learning about our Italian conquerors and their lives in the area.

Roman Day is a great event for all the family - meet real life Romans and enjoy games and activities.

In Bancroft Park on Sunday from 11am-3pm.

feelingsporty

GET active and take part in sports you may never have even heard of on Sunday, with MKBA's Sports Extravaganza.

Participation is the name of the game at Shenley Brook End Leisure Centre, between 10am and 5pm, where you can take part in basketball, football, table tennis, boxercise, netball and even korfball or parkour - AKA free running.

With stalls and other fun things.

fefifofum

A SPECTACULAR chance to walk with 'giants' at The Hub on Sunday at 11am.

Take part in a parade of these huge puppets as part of Festival Fringe.

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Kiln Farm

TO LET

15,984 SQ FT

- Detached industrial/warehouse premises.
- Large secure service yard.
- Accessible location close to A5 and A422.
- Private car parking areas to the front and rear.
- Fully refurbished internally and externally.

Contact: Jonathan Whittle
01908 224763

Caldecotte Business Park

TO LET

1,655 - 3,760 SQ FT

- High quality working environment.
- Modern brick built two storey building.
- Set in landscaped grounds.
- Ground and First Floor Suites.
- www.caldecottelakebusinesspark.com.

Contact: Graham Young
01908 224762

Central Milton Keynes

TO LET

4,314 SQ FT

- Refurbishment Complete May 2012.
- 50% rent discount for 2 years on 5 year lease.
- Ground floor suite available.
- Raised Floors / Air Conditioning.
- Includes some partitioned office.

Contact: Graham Young
01908 224762

Blakelands Industrial Estate

TO LET

2,243 - 32,720 SQ FT

- Heating & Lighting to warehouse.
- Good on-site parking provisions.
- Close to M1 and Newport Pagnell.
- Refurbished units available.
- Evening and weekend security.

Contact: Graham Young
01908 224762

Netherfield

TO LET

402 SQ FT

- Lock-up retail unit.
- Popular local Centre Parade.
- Previously fitted as hair-salon.
- To Let on new lease.
- Alternate Retail uses considered.

Contact: Chris McClure
01908 224767

Bradwell Abbey

TO LET/SALE

2,489 SQ FT

- Semi detached property.
- Warehouse with 1/3 office content.
- Separate personnel and loading access.
- Prominent postion on estate.
- New lease, freehold interest available.

Contact: Graham Young
01908 224762

Central Milton Keynes

TO LET

1,000 - 44,305 SQ FT

- Retail opportunity at CMK Railway station.
- Refurbished offices availble.
- Office spec includes new air-conditioning.
- Full access raised floors.
- Secure private car park.

Contact: Jonathan Whittle
01908 224763

Kiln Farm

FOR SALE

1,639 - 2,544 SQ FT

- Prominently positioned.
- Warehouse / Workshop units.
- Refurbished June 2012.
- Courtyard Development.
- Security Gate.

Contact: Graham Young
01908 224762

01908 224760 **louchshacklock.com**

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Oakgrove, a brand new community coming soon to Milton Keynes.

Perfectly located close to the centre of Milton Keynes, Oakgrove will be perfect for a wide range of buyers, looking for homes with individuality and character and built to Crest Nicholson's exacting standards.

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Typical Crest Nicholson interior.

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INGOLDMELLS Skegness holiday caravans to let , Coral Beach Leisure, Skegness Rd 01754 872402 www.coral-beach.co.uk

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Property to let

WOBURN SANDS £895pcm

A superb 2nd floor apartment overlooking the lake to the front with en suite and off road parking. Unfurnished. Available 17/09.

TINGRITH £875pcm

A two bedroom semi detached cottage benefiting from lounge with open fireplace and large rear garden. Unfurnished. Available Now.

WOBURN SANDS £895pcm

A rarely available 2nd floor, two bedroom corner apartment with balcony overlooking lake to front. Unfurnished. Available 20/07.

WOBURN SANDS £925pcm

A three bedroom semi detached property benefiting from conservatory and garage. Unfurnished. Available Now.

RIDGMONT £1,850pcm

A substantial three storey five bedroom property with en suite bathroom, double carport and brick storage barn. Unfurnished. Available Now.

ASPLEY HEATH £1,900pcm

A ground floor three double bedroom apartment benefiting from two en suites and underground parking. Unfurnished. Available Now.

ASPLEY HEATH £1,200pcm

A beautifully appointed second floor two bedroom apartment situated in grounds of approx 6 acres with 17'9 approx lounge/dining room and use of tennis court.

WAVENDON £795pcm

A two bedroom first floor apartment with en suite, balcony off lounge/dining room, single garage and parking. Unfurnished. Available Now.

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Administrator

£ Salary Negotiable

Mon-Fri: 8am to 5.00pm. Sat (1 in 3): 8am to 11.30am.

We are looking for an experienced Administrator to provide support to all departments including general administration tasks for retail and commercial clients and ensuring records and renewals are serviced in accordance with company procedures and regulatory requirements. Ideally you will have had previous experience within the insurance industry, have the ability to work as a team member, be computer literate with a competent knowledge of MS Excel.

We in turn offer a very competitive salary, company pension and a generous holiday allowance.

In the first instance, email a copy of your CV with a covering letter to: pasky.iaciofano@lifesure.co.uk. Closing date: 31st July 2012.

LifesureGroup

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Practice Receptionist

Maternity leave cover

12 month fixed term Contract
37.5 Hours per week

Salary – Dependent on experience

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We are seeking to recruit a practice receptionist with the necessary skills to cover maternity leave at our Victoria Rd Surgery in Bedford from 1st October 2012

Applicants applying for this post must demonstrate excellent customer care skills together with good written skills, communication skills and I.T. literacy. Experience working in a General Practice environment would be an advantage but not essential as full training will be given.

We offer:
Competitive Salaries
14% contribution towards NHS pension
Training and support for personal development
Flexible working
Family friendly organisation

If you are interested please forward your CV and covering letter to John Brett, Director of Operations, Phoenix Primary Care Limited, Collingwood Health Centre, Collingwood Drive, Great Barr, Birmingham, B43 7NF.

Closing Date Friday 10th August 2012, interviews w/c 20th August 2012

Pronto Services

Pronto Services Are Recruiting

Due to continued success we are recruiting for two positions:

- **Plumber/Bathroom Specialist**
- **Handyman**

Full details of these positions including salary ranges and job descriptions can be found on our website.
www.prontoservicesltd.com

Please register your interest in either of these positions via our website by no later than Saturday 21st July 2012

Guise Motors Ltd

We are currently recruiting for a

Vehicle Recovery Driver

With Min LGV2 driving licence.
No Experience necessary
As all training will be provided.
Working a rolling shift Pattern.
Mechanical interest would be an advantage.

For further information please call Jimmy or Mark on 01908 588 777

Amway

Corporate Affairs / PR Administration – 1 day per week

(Offered initially as Fixed Term Contract until end September, after which it may become permanent)

We are looking for an experienced Administrator to support our Corporate Affairs team for 7.5 hours each week (worked either on a Wednesday or spread over several days during the week).

Duties will include responding to media enquiries, maintaining our press books, drafting letters, obtaining images, recording charitable donations, arranging travel and meetings and managing our stock cupboard.

You should be enthusiastic and hardworking, with at least 6 months experience of working in a Corporate Affairs or Public Relations department. You will be well organised and have excellent communication skills, with good knowledge of MS Office and email.

To apply please send your current CV and a covering letter to susan_hale@amway.com or by post to:
Susan Hale, HR Specialist, Amway, St Anne's House, Caldecotte Lake Drive, Milton Keynes, MK7 8JU.

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BEDFORD COLLEGE

Bedford College is a growing and highly successful provider of further, adult and higher education, with 18,000 students from over 100 nationalities, 750 staff and excellent financial health. Recognised as 'outstanding' by Ofsted and rated five star by the European Foundation for Quality Management (EFQM), there has never been a more exciting time to join us as we strive to become a world-class centre for qualifications, skills and training.

Apprenticeships

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- IT
- Motor Vehicle
- Business Administration

"In my varied and rewarding role at the College, no two days are ever the same."

Richard Hemery
Web Designer

For further information and to apply please visit: www.workingtogetherjobs.co.uk

Closing date: 30 July 2012 5.00pm

for our students
for each other
for you

Bedford College offers a final salary pension scheme, generous holiday entitlement and financially supported continuous professional development opportunities. The College is committed to safeguarding and promoting the welfare of children and young people and expects all staff to share this commitment.

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Applicants should hold a full and clean UK driving licence and be of smart appearance.
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FUNERAL ARRANGER REQUIRED (Luton)

We require a full time Funeral Arranger to join our team in Luton. The standard hours of work will be 9am to 5.30pm Monday to Friday.

Funeral Arrangers are encouraged to study and pass a nationally recognised funeral qualification.

FUNERAL DIRECTOR REQUIRED

We require a full time Funeral Director to join our team within Bedfordshire. The standard hours of work will be 8.30am to 5.30pm Monday to Friday, with on call and standby elements also required. Applicants should hold a full and clean UK driving licence and be of smart appearance.

Funeral Directors are encouraged to study and pass a nationally recognised funeral qualification.

All candidates must be well presented, highly motivated and willing to work within a close knit team. We offer a competitive rate of pay and uniform will be provided.

Closing date for applications is Friday 27th July 2012

Applications for these vacancies should be made in writing, with accompanying CV to:

Mrs Fiona Rossiter
Neville Funeral Service, Neville House, Marsh Road, Leagrave, Luton LU3 2RZ

Alternatively details can be emailed to: hrdept@nevillesupport.co.uk

At Milton Keynes, we're supporting the growth of our vibrant city while continuing to deliver excellent services. It's an exciting place to be and we're keen to get the balance right - including the work-life balance. So if you're looking for family friendly benefits and the chance to make a difference, make a move to MKC.

MILTON KEYNES COUNCIL

GIS Technician

£17,802 - £21,519 **Ref: 50018264**

This varied role offers the chance to build on your MapInfo knowledge in a busy, friendly environment. You'll support Corporate Mapping working with a range of datasets, involving you in spatial analysis, enquiry and data verification, together with map development. In addition you will be required to complete site surveys, to allow you to maintain the Council's Landscape Inventory.

To succeed you'll be proficient in MapInfo and have a sound command of spreadsheet, database and WP packages, together with a proven ability to collect and collate site data and excellent prioritising skills.

For informal enquiries please contact Gillian Smith on 01908 252569.

Control Centre Operator/Mobile Warden

£17,802 - £21,519 pro rata **Ref: 50018536**
+ Weekend enhancement & shift allowance

18.5 hours

You'll respond to emergencies and deal with alarm equipment when acting as a Mobile Warden based in the community, or on other shifts you'll work as an Operator at our Alarm Receiving Centre assessing and escalating responses to alarm calls and out-of-hours services. Either way, you'll be helping our service users live independently in their own homes. The ability to make emergency decisions, cover shifts at short notice and use multiple IT systems will be essential, together with a calm, patient approach, excellent communication skills and an eye for detail.

This post is subject to safer recruitment practices.

Interview date: 23 August 2012.

Housing Options Officer

£20,858 - £25,472 pro rata **Ref: 50012438**

18.5 hours

These rewarding and challenging roles will involve offering preventative solutions to customers needing housing advice, mediating between landlords and tenants and working in partnership with other agencies to help resolve and prevent homelessness. Strong customer service, negotiating and prioritising skills will be accompanied by a good knowledge of homelessness, housing allocations legislation and landlord and tenant law.

This post is subject to safer recruitment practices.

For informal enquiries please contact Julie Nokes 01908 253059 or Sarah Flock 01908 253912.

Interview date: 21 August 2012.

Governor Support and Development Officer

£41,616 - £49,019 **Ref: 50018592**

As our expert on school governance issues, you will manage the governor support team and provide high quality information, advice and support to senior officers and elected members. Developing and delivering proactive improvement projects will be a key priority. As an experienced professional who can motivate and empower staff you will have a sound grasp of relevant legislation and regulations and be capable of devising strategies to improve service delivery, monitoring outcomes and evaluating the impact of the changing educational landscape.

This post is subject to safer recruitment practices.

For informal enquiries please contact Matt Grinyer on 01908 254419

Closing date for all roles: 5 August 2012.

To apply online visit: www.miltonkeynes.gov.uk/jobs-careers
For an application form, email: jobs@milton-keynes.gov.uk
Please quote appropriate reference. Salaries will normally start at the first point of the grade. We are unable to accept CVs, unless accompanied by a completed application form.

POSITIVE ABOUT DISABLED PEOPLE

It's ability, not disability that counts

Bedfordshire East Multi Academy Trust BEMAT

Bedfordshire East Schools Trust (BEST)
& Bedfordshire East Multi-Academy Trust (BEMAT)

RUGBY COACH

Based at Samuel Whitbread Academy
Required from September 2012 – 37hrs a week (52 weeks/year)
Salary – NJC Scale 4A Pts 21 – 24 (£19,126 - £20,858pa)

We are seeking to appoint a well qualified, dynamic and skilled coach of Rugby. This person will work closely with the Physical Education Department and will support in raising standards of playing and coaching at Samuel Whitbread Academy and across BEMAT.

The person appointed will need to be a highly effective organiser and display excellent interpersonal skills. In addition he/she will need to demonstrate the ability to use own initiative and have a positive solution minded approach to support the development of the Rugby centre of excellence across BEMAT.

The person appointed will undergo a short induction and training programme delivered by Northampton Saints and BEMAT.

Visits to the school are welcomed. For a job description, person specification and the application process, please see either the College's website www.swcc.beds.sch.uk or the Trust website www.best-schools.org.uk.

Closing Date: **Mid-day on Friday 27th July with interviews on Thursday 9th August**

The successful candidate will be expected to work across BEST/BEMAT Schools as required.

BEST and BEMAT are alliances of unique educational institutions committed to collegiate educational provision across our community. We take collective responsibility for the success of all our children. BEST and BEMAT are committed to the safeguarding and promotion of children's welfare and all job offers are subject to satisfactory Criminal Records Bureau Clearance.

St John's Special School & College

Specialist in Communication & Interaction

Bedford Road, Kempston, Bedford. MK428AA
Tel: 01234 345565 Fax: 01234 327734
Email:office@st-johns-school.co.uk
Headteacher: Ron Babbage BA (Hons) PGCE MEd

VACANCIES

St John's School provides special education for children and young people with severe, profound and multiple learning difficulties, aged two to nineteen.
You may be based at any of our three sites, Kempston, Biddenham or Bromham Road in Bedford.

LEARNING SUPPORT ASSISTANTS

As a team member your role is to support teaching staff and pupils in a wide range of activities during the school day. Previous experience of working with children with special needs would be an advantage
The hours are 32.5 per week, term time only
plus 5 training days.
Rate of pay is £7.75 per hour.

MID-DAY SUPERVISORY ASSISTANTS

Required to support individual and small groups of pupils over the lunchtime period, 11.45-1.30pm, with feeding, supervision and care needs.
Monday to Friday, term time only.
Rate of pay is £6.46 per hour.
Closing date for these posts:
Friday 27 July 2012 @ 12 noon.

Interviews will be held on:
Tuesday 31 July 2012 – Learning Support Assistants
Tuesday 07 August 2012 - Midday Supervisory Assistants

To obtain an application pack for any of the above posts please send an e-mail request to the school at office@st-johns-school.co.uk or for further details, please contact the school office.

The school would be happy to hear from anyone interested in volunteering on a regular weekly basis.

St. John's School is committed to safeguarding and promoting the welfare of children and/or vulnerable adults and expects all staff and volunteers to share this commitment. Working towards equality

Bedfordshire East Multi Academy Trust BEMAT

Bedfordshire East Schools Trust (BEST)
& Bedfordshire East Multi-Academy Trust (BEMAT)

BEMAT CLERK

Required from September 2012, 3hrs per week
(Hours are based on an average of 12 hours per month - term-time only)
Salary – NJC scale 3A point 18 (£17,161pa pro rata equates to £1,206.42pa)

We are looking to appoint an experienced administrator to fulfil the post of BEMAT Clerk. The postholder will provide support to all Directors and committee meetings in order to ensure the smooth running of the Bedfordshire East Multi Academy Trust (BEMAT).

Duties will include:
Preparing and issuing of agendas and papers
Attending, taking and writing up minutes of meetings which are held both during the day and evening
Providing other administrative tasks (which may be undertaken from home)

Candidates should have good word processing, email and minute taking skills, be well organised, flexible and good communicators. Experience is preferable however training will be provided.

Visits to the school are welcomed. For a job description, person specification and the application process, please see either the College's website www.swcc.beds.sch.uk or the Trust website www.best-schools.org.uk.

Closing Date: **Friday 10th August, with interviews w/c Monday 27th August 2012**

The successful candidate will be expected to work across BEST/BEMAT Schools as required.

BEST and BEMAT are alliances of unique educational institutions committed to collegiate educational provision across our community. We take collective responsibility for the success of all our children. BEST and BEMAT are committed to the safeguarding and promotion of children's welfare and all job offers are subject to satisfactory Criminal Records Bureau Clearance.

Club Steward/ Bar Manager

At a long established Members Club.

Duties to include running of the Bar and Clubhouse, stock control, cellar work, staffing and other related issues.

Hours and remuneration, including on site accommodation if required, negotiable.

Applications including CVs invited from dynamic and outgoing candidates able to develop and enhance the existing trade to:
The Secretary, Stewartby Club, Stewartby, Bedford MK43 9NB or email to: fdisapia@btconnect.com

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In the first instance, email a copy of your CV with a covering letter to: gavin.simmons@lifesure.co.uk. Closing date: 31st July 2012.

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Required as soon as possible
Full time

We are seeking to appoint a motivated, experienced and enthusiastic individual to co-ordinate the network and line manage ICT technical provision. The school has invested heavily in ICT and has an extensive network of both hard-wired and wireless computers.

The successful applicant will be required to undertake a Criminal Records Bureau Disclosure.

The school closes for the summer holidays on Friday 20th July so please go to our website for an application form and further details (www.redborne.com). During the week commencing Monday 16th July this information will also be available from Lou Ellis, Headteacher's P.A.

Redborne is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.

Closing Date: Wednesday 5th September, 2012
(we hope to interview as soon as possible after this date)

Redborne is a successful school that achieves excellent examination results, 86% of students gain 5A* - C grades at GCSE (72% including Maths and English). Over the last 3 years our Value Added Score has been very high peaking at 1030 in 2009 with a rolling average of 1018. 'A' Level results are also very good with 57% of passes at 'A' or 'B' grades and an overall pass rate of 99.7%. The school is well regarded and popular, situated in a very pleasant area of Central Bedfordshire, within easy reach of London. About 80% of the Sixth Form go on to University. This year 4 students got into Oxbridge and our Sixth Form results were graded as "excellent". The school had an excellent OFSTED Report in 2008 and was graded as "OUTSTANDING". Redborne is also a National College Leadership Development School and a Leading Edge School.

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Bedfordshire East Schools Trust (BEST)
& Bedfordshire East Multi-Academy Trust (BEMAT)

ACADEMIES CLERK

Required from September 2012, 4hrs per week
(Hours are based on an average of 16 hours per month - term-time only)
Salary – NJC scale 3A point 18 (£17,161pa pro rata equates to £1,607.98 pa)

We are looking to appoint an experienced administrator to fulfil the post of Academies Clerk. The postholder will provide support to all Governors and committee meetings in order to ensure the smooth running of Samuel Whitbread Academy and Robert Bloomfield Academy.

Duties will include:
Preparing and issuing of agendas and papers
Attending, taking and writing up minutes of meetings which are held both during the day and evening
Providing other administrative tasks (which may be undertaken from home)

Candidates should have good word processing, email and minute taking skills, be well organised, flexible and good communicators. Experience is preferable however training will be provided.

Visits to the school are welcomed. For a job description, person specification and the application process, please see either the College's website www.swcc.beds.sch.uk or the Trust website www.best-schools.org.uk.

Closing Date: **Friday 10th August, with interviews w/c Monday 27th August 2012**

The successful candidate will be expected to work across BEST/BEMAT Schools as required.

BEST and BEMAT are alliances of unique educational institutions committed to collegiate educational provision across our community. We take collective responsibility for the success of all our children. BEST and BEMAT are committed to the safeguarding and promotion of children's welfare and all job offers are subject to satisfactory Criminal Records Bureau Clearance.

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Karen Darlington, Home Manager
Tel: 01234 355918
Email: kimboltonlodge@btconnect.com

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For an application pack go to www.pilgrims-school.info
Visits to Little Pilgrims by appointment are welcome.

The closing date for applications is Friday, July 27 and interviews will be held on Monday, August 6.

Pilgrims
pre-preparatory school
experience the magic...

Pilgrims Pre-Preparatory School is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment. All applicants must be willing to undergo child protection screening appropriate to the post, including checks with past employers and the Criminal Records Bureau.

www.pilgrims-school.info

Pilgrims Pre-Preparatory School is part of the Harpur Trust.

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Outdoor Activities Co-ordinator
£14,500 - £19,500

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Salary Negotiable

The successful applicants will need to hold a full driving license, have their own car and will be subject to a CRB check and references.

To apply, please e-mail your current CV with a covering letter to vanessa.currie@sport-support.co.uk no later than Friday 27th July 2012. Interviews will be held Wednesday 8th August 2012.

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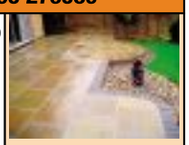

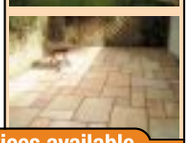

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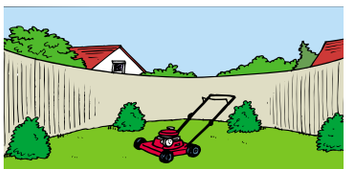

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JO 24yr old attractive blonde, own car/flat, seeks genuine guy for meals out, cosy nights in and quality times together, 30-55yrs. Status unimportant. **Tel No: 0906 199 8100 Box No: 388951**

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SECTION 73 WITHIN A CONSERVATION AREA

12/01376/FUL Loft conversion with partial flat roof dormer to rear elevation at 81 Weston Road, Olney.

12/01396/TCA Notification of intention to reduce and reshape crown of 1 x Horse Chestnut tree by 25-30% and lifted to 2m at Land at Pollys Yard, Newport Pagnell.

12/01397/TCA Notification of intention to fell 1 x Holly tree and 1 x Conifer tree at 38 London Road, Stony Stratford.

12/01409/FUL Raise roof pitch to 45 degrees, incorporate 2 dormer windows to rear with small balconies to each and 1 dormer to front with obscure glazing, with new front door position and internal alterations at The Old Mill Cottage, Clifton Road, Newton Blossomville.

SECTION 67 & 73 LISTED BUILDING WITHIN A CONSERVATION AREA

12/01283/LBC Listed building consent to undertake the following work – removal of cement mortar from exterior of main building and repoint in lime mortar; removal and replacement of perished stone to right hand gable wall; dismantle and rebuild both left and right hand brick chimneys; repair internal water damaged right hand bar ceiling using lime plaster; repoint barn outbuilding using lime mortar; replace first floor support in barn outbuilding; removal of damaged plaster from internal wall to right hand bar and replace with lime plaster at The White Hart Public House 66 High Street, Stoke Goldington.

12/01359/FUL Erection of single storey rear extension at 39 High Street, Olney

12/01366/LBC Listed building consent to erect a single storey rear extension 39 High Street, Olney.

12/01413/FUL Extension of time limit on application 09/00197/FUL for part demolition of outbuildings and erection of two single storey extensions at The Manor, 4 High Street, Sherington.

12/01414/LBC Extension of time limit on application 09/00198/LBC for part demolition of outbuildings and erection of two single storey extensions at The Manor, 4 High Street, Sherington.

12/01415/LBC Extension of time limit on application 08/02085/LBC for listed building consent for the demolition of section of boundary wall to create access gateway; construction of single storey dwelling at rear at The Manor, 4 High Street, Sherington.

12/01416/FUL Extension of time limit on application 08/02087/FUL for the erection of a single storey dwelling; and alterations and enlargement of the existing opening to create vehicular access onto crofts end at The Manor, 4 High Street, Sherington.

12/01417/LBC Extension of time limit on application 08/02086/LBC for listed building consent for the renovation and conversion of Road Barn and Moat Barn at The Manor, 4 High Street, Sherington.

12/01418/FUL Extension of time limit on application 08/02088/FUL for listed building consent for the renovation and conversion of Road Barn and Moat Barn at The Manor, 4 High Street, Sherington.

Nick Fenwick Assistant Director Planning, Economy and Development

TOWN AND COUNTRY PLANNING ACT (AS AMENDED)
TOWN AND COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) ORDER 2010
NOTICE UNDER ARTICLE 13
MAJOR

12/00968/MKPCR Reserved Matters Application for the appearance, landscaping, layout and scale of development for part of Tattenhoe Park Site 1 comprising 16 dwellings, associated garages and play space pursuant to outline planning permission ref. 06/00602/MKPCO for residential-led mixed use development of 450 dwellings (re-consultation following submission of amended plans), Kingsmead South, off Hayton Way, Milton Keynes

12/00969/MKPCR Reserved Matters Application for the appearance, landscaping, layout and scale of development for part of Tattenhoe Park Site 1 comprising 147 dwellings, associated garages and play space pursuant to outline planning permission ref. 06/00856/MKPCO for residential-led mixed use development of 1310 dwellings (re-consultation following submission of amended plans), Tattenhoe Park, off Hayton Way, Milton Keynes

Sheila Keene, Head of Strategic Policy and Planning, Homes and Communities Agency

THE COUNCIL OF THE BOROUGH OF MILTON KEYNES
(REDWAY, AVEBURY BOULEVARD, SILBURY BOULEVARD, OVERGATE, SKELDON GATE, ELMORE GATE (PARTS), CAMPBELL PARK) (TEMPORARY RESTRICTIONS) ORDER 2012

NOTICE IS HEREBY GIVEN that the Council of the Borough of Milton Keynes has, on the 18th July 2012, made an Order under Section 14(1) of the Road Traffic Regulation Act 1984 because of the likelihood of danger to the public and in the interests of safety and as a means of enhancing greater visibility for pedestrians from traffic whilst the Milton Keynes International Festival takes place. The following temporary restrictions will be in effect from Friday 20th July 2012 to Sunday 22nd July 2012, inclusive, between the hours of 8.30pm and 12.30am each night and when indicated by the appropriate traffic signs and no waiting cones.

1. No waiting at any time restrictions for vehicular traffic, when the no waiting cones are displayed, along the following lengths of road within Campbell Park, Milton Keynes:-
   a) Silbury Boulevard, along both sides from its junction with Overgate to its junction with Marlborough Gate;
   b) Avebury Boulevard, along both sides from its junction with Overgate to its junction with Marlborough Gate except for the temporary limited waiting restrictions that will apply to the two lay-bys located on the north-west side of Avebury Boulevard;
   c) Overgate, along both sides from its junction with the H5 Portway to its junction with the H6 Childs Way;
   d) Skeldon Gate, along both sides from its junction with the H5 Portway to its junction with Silbury Boulevard;
   e) Elmore Gate, along both sides from its junction with Avebury Boulevard to its junction with the H6 Childs Way.
2. The imposition of Clearway restrictions for vehicular traffic on the following lengths of road within Campbell Park, Milton Keynes, when indicated by the appropriate traffic signs:-
   a) Silbury Boulevard, along both sides from its junction with Overgate to its junction with Marlborough Gate;
   b) Avebury Boulevard, along both sides from its junction with Overgate to its junction with Marlborough Gate;
   c) Overgate, along both sides from its junction with the H5 Portway to its junction with the H6 Childs Way;
   d) Skeldon Gate, along both sides from its junction with the H5 Portway to its junction with Silbury Boulevard;
   e) Elmore Gate, along both sides from its junction with Avebury Boulevard to its junction with the H6 Childs Way.
3. 15 minute limited waiting, no return within 1 hour restrictions for vehicles, within the two lay-bys located along the north-west side of Avebury Boulevard in Campbell Park:-
   a) Lay-by 1: From a point approximately 204 metres north-east of Marlborough Gate for a distance of 47 metres in a north-easterly direction;
   b) Lay-by 2: From a point approximately 256 metres north-east of Marlborough Gate for a distance of 30 metres in a north-easterly direction.
4. To temporarily prohibit all access along the following length of redway/cycle track:-
   Campbell Park – that length of redway/cycletrack that runs along the north-east side adjacent to the V8 Marlborough Street from a point approximately 97.5 metres south-east of the footbridge that crosses the H5 Portway for a distance of 340 metres in a south-easterly direction.
   The alternative route for access will be via the footways on Silbury Boulevard, Marlborough Gate and the footbridge that crosses the V8 Marlborough Street into Campbell Park adjacent to Midsummer Boulevard

There shall be no exemptions from the provisions of the Order.

The temporary restrictions will be in force on the dates shown when indicated by the appropriate traffic signs and no waiting cones.

The Order will come into operation on the 20th July 2012 and will continue in force until the likelihood of danger to the public has been removed.

Any person committing a breach of any movement restrictions of the Order shall be liable upon prosecution to such fine as prescribed by the Road Traffic Regulation Act 1984. Any person committing a breach of any waiting restrictions of the Order shall be liable upon issue of such penalty charge as prescribed by Part 6 of the Traffic Management Act 2004.

Philip McCourt , Assistant Director – Law & Governance 18th July 2012
Civic Offices, 1 Saxon Gate East, Milton Keynes

THE COUNCIL OF THE BOROUGH OF MILTON KEYNES
(WOBURN SANDS LEVEL CROSSING, A5130 NEWPORT ROAD AND STATION ROAD (PARTS), WOBURN SANDS) (TEMPORARY CLOSURE) ORDER 2012

NOTICE IS HEREBY GIVEN that the Council of the Borough of Milton Keynes intends, not less than seven days from the date of this notice to make an order under Section 14(1) of the Road Traffic Regulation Act 1984 because works are to be carried out, namely essential inspection and maintenance works to the railway line at Woburn Sands level crossing. The effect of this will be to temporarily prohibit vehicular traffic and pedestrians from proceeding along that part of the A5130 Newport Road, Woburn Sands, Milton Keynes from its junction with Cranfield Road, north of the level crossing, to a point on Station Road, Woburn Sands approximately 20 metres south of the level crossing. It is anticipated that the closure will commence on Saturday 28th July 2012 at approximately 8.00pm and that it will continue until approximately 6.00am on Monday 30th July 2012. The road will open sooner if the works are complete and it is safe to do so.

The alternative route for traffic will be via the A5130 Newport Road, the A421, Bedford Road, School Lane, A4012 Crawley Road, the A5130 Woburn Road leading onto High Street Woburn and the A5130 Station Road Woburn and vice versa. Signs relating to the closure will be placed on the length of carriageway that is to be temporarily closed a few days before the works are due to take place.

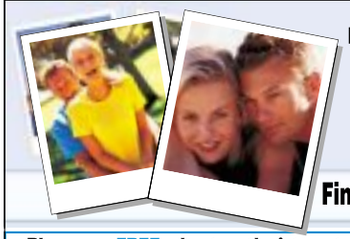
There shall be no exemptions from the provisions of the Order.

The proposed Order will come into operation on 28th July 2012 and will continue in force for a maximum period of 18 months or until the said works have been completed, whichever is the earlier. If the works are not completed within the period stated, a further Order may be made.

Any person committing a breach of the Order will be liable upon prosecution to such fine as prescribed by the Road Traffic Regulation Act 1984.

Philip McCourt , Assistant Director – Law & Governance
Civic Offices, 1 Saxon Gate East, Milton Keynes
18th July 2012

MILTON KEYNES COUNCIL



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50YR old brunette, attractive, curvy, medium build, friendly, honest, caring, likes outdoors, cooking, sports, seeks male 50 plus for friendship, maybe more. **Tel No: 0906 500 3674 Box No: 393325**

62YR old female, curvy, blonde, semi retired, likes shopping, reading, socialising, nights in. **Tel No: 0906 500 3674 Box No: 390432**

SENSUAL discreet, mature, blonde lady, seeks discreet, mature gent for fun, friendship chats and text. **Tel No: 0906 500 3674 Box No: 378865**

TRACY 39, fun blue eyed blonde, a little dizzy at times but a big bundle of fun, WLTM professional male for good times. **Tel No: 0906 500 3674 Box No: 384045**

MICHELE very attractive black single mum, 32yrs, someone you could take home to your mother, seeking a one in a million guy. **Tel No: 0906 500 3674 Box No: 391879**

SUZANNE likes travel, cooking, cinema, theatre, seeks male for friendship. **Tel No: 0906 500 3674 Box No: 388201**

TANYA 28, beautiful black single mum, very body confident and all out of love. Lonely and looking for good company with experienced respectful man. Any age/looks. **Tel No: 0906 500 3674 Box No: 381727**

TRIXI looking for older respectful gentleman for fun times only. I am bubbly very fun and can accommodate. **Tel No: 0906 500 3674 Box No: 388135**

ERIN attractive petite divorcee with own home, looking for nights in/out, friendship and maybe more with mature male. Looks/status unimportant. **Tel No: 0906 500 3674 Box No: 383111**

LIGHT hearted curvy 34yr old blonde, looking for GSOH, intelligent conversation and a romantic soul. **Tel No: 0906 500 3674 Box No: 391668**

FUN loving female, young 50, petite, brown hair, green eyes, seeks intelligent, solvent male for LTR. **Tel No: 0906 500 3674 Box No: 392369**

KAREN 38 slim and attractive seeking confident professional for companionship, status/looks unimportant. **Tel No: 0906 500 3674 Box No: 392407**

VICKY attractive, black, likes cooking, seeks male, 50-62 for companionship. **Tel No: 0906 500 3674 Box No: 387843**

50YR old very slim fair skinned female, 5ft 5ins, looking for kind, caring, sincere gent, 50 plus for relationship. **Tel No: 0906 500 3674 Box No: 389179**

JEM 24 new to this, WLTM someone who also enjoys fine wine/dining for good times and adult relationship, 28-45yrs. **Tel No: 0906 500 3674 Box No: 392497**

DIANE successful feisty business women, confident, fun, chatty, positive, social with everything but that special someone in her life and WLTM him. ACA. **Tel No: 0906 500 3674 Box No: 379203**

ANGELA Scottish female, dark hair, green eyes, attractive, new to the area, no ties, OHAC, seeks gentle male for good times and more. **Tel No: 0906 500 3674 Box No: 382227**

TRISH 32, petite, lively, bubbly, WLTM male, 35 plus for special friendship. **Tel No: 0906 500 3674 Box No: 392901**

SUSIE tactile 33yr old female who loves fast cars and motorbikes, seeks genuine male prepared to live life in the fast lane, 35-50yrs. **Tel No: 0906 500 3674 Box No: 382163**

FEMALE mid 60's, GSOH, enjoys life, walks, meals out, seeks genuine, tall male, mid 60's **Tel No: 0906 500 3674 Box No: 388349**

VERY attractive single black female, 32, loves night in/out, seeking genuine companion for text fun, love and laughter. **Tel No: 0906 500 3674 Box No: 393131**

NICOLE lonely and looking for love, cultured, intelligent, beautiful, creative and looking for sincere male for mature loving ltr. **Tel No: 0906 500 3674 Box No: 388145**

JACQUELINE blue eyed attractive petite blonde, fit/active and social looking to meet similar kind male for ltr and more. **Tel No: 0906 500 3674 Box No: 388137**

SLIM tall, elegant, feminine, N/S, solvent lady, young 50's, likes travel, red wine, seeks tall, sincere, Military/professional gent of high calibre. **Tel No: 0906 500 3674 Box No: 388559**

MARION 38 slim, sporty, fun with good personality, loves travel, holding hands and caring for people. Seeks genuine male, no time wasters. **Tel No: 0906 500 3674 Box No: 383159**

JOHN we met under sad circumstances in July, would like to meet you again. **Tel No: 0906 500 3674 Box No: 385335**

42YR old fun seeking female, sporty, red head looking for intellectual male for cosy nights in and out. **Tel No: 0906 500 3674 Box No: 390295**

single men

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RETIRED gent, romantic, OHAC, lots of TLC, seeks sexy, mature, tactile female for love and TLC. **Tel No: 0906 500 3674 Box No: 393409**

STEVE 48, single, carer, WLTM female for fun and friendship. **Tel No: 0906 500 3674 Box No: 393343**

TALL good looking, slim, mature male, generous, seeks slim female of any age for regular meetings. **Tel No: 0906 500 3674 Box No: 393319**

YOUNG at heart 71yr old male, 5ft 4ins, medium build, easygoing, likes gardening, DIY, countryside, seeks nice lady for LTR. **Tel No: 0906 500 3674 Box No: 392003**

MALE likes cinema, meals out, walks, seeks female for fun times. **Tel No: 0906 500 3674 Box No: 388621**

BLACK male, 50, 5ft 11ins, medium build, sporty, kind, caring, seeks female. **Tel No: 0906 500 3674 Box No: 392269**

MICHAEL 40's, good looking, black, seeking female for friendship and more. **Tel No: 0906 500 3674 Box No: 392207**

WHITE male, short hair, clean shaven, sporty, seeks female, 35-45, down to earth for friendship. **Tel No: 0906 500 3674 Box No: 388623**

48YR old male, modern outlook, seeks happy female, any age for friendship/relationship. **Tel No: 0906 500 3674 Box No: 391275**

ITALIAN male, mid 40's, 5ft 7ins, athletic, fit, attractive, divorced, successful, seeking attractive female for fun and friendship. **Tel No: 0906 500 3674 Box No: 391740**

ROBIN 69, GSOH, widowed, grey hair, likes meals out, nights in, music, looking for female for fun and friendship, any age. **Tel No: 0906 500 3674 Box No: 392927**

MATURE solvent, professional, well educated, good looking gent, seeks no strings relationship with attractive female of any age. **Tel No: 0906 500 3674 Box No: 393161**

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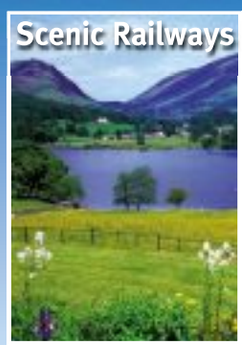

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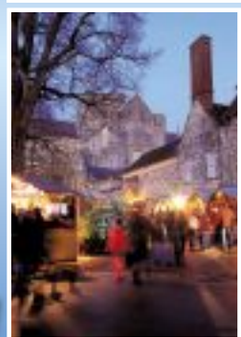

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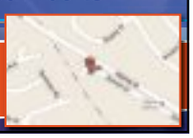

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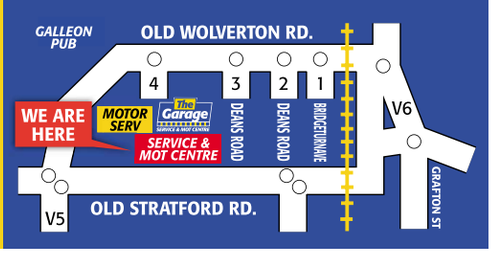

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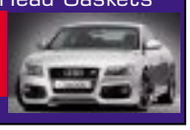

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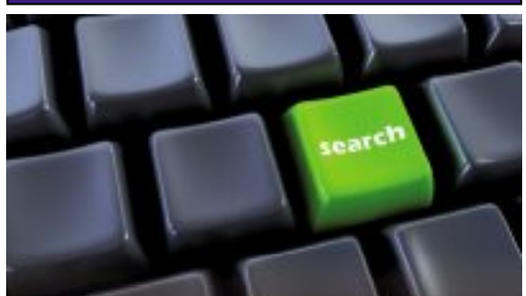

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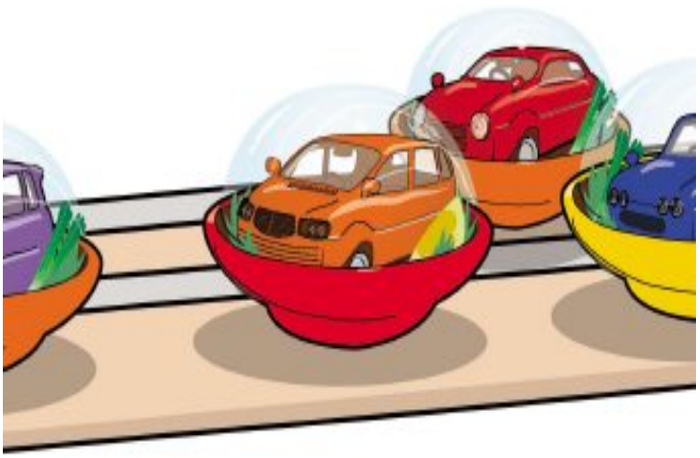

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SPORTSSHORTS

CYCLING

CITY Olympian Ian Stannard finished 34th overall in the Tour of Poland as he continued his preparations for the London 2012 road race.

Stannard looked in top condition throughout the race and will be a key player as GB hope to guide Mark Cavendish to the Olympic gold medal.

ROWING

OLNEY rower Eleanor Piggott and partner Charlotte Burgess won the 'B' final in the lightweight women's double scull at the World U23 championships in Lithuania.

The pair narrowly missed out on reaching the main final, finishing fourth in their semi.

TOURING CARS

JAMES Nash will get back behind the wheel this weekend as the World Touring Cars season resumes following a seven-week break.

The Newport Pagnell driver will drive in South America for the first time at the Race of Brazil and the Team AoN man is itching to get back into the swing of things.

Nash has chalked up 12 championship points in his debut season, which sees him sit 16th overall in the standings, but he was forced to retire in both races last time out in Portugal.

During the break adjustments have been made to the 26-year-old's Ford Focus.

He said: "I can't wait to get back into competition. While I've been really busy with PR and sponsor work, and a lot of simulator work, there is no substitute for getting behind the wheel of a racing car in competition.

"Since the last event in Portugal the team have been busy testing some developments for the Ford Focus, so I can't wait to get on the track again and see what steps forward we've made.

"My race car was actually shipped out to Brazil a few weeks ago though I'm very hopeful that some new bits we tried on a test car will work well when we bolt them on."

WATER POLO

CMK Water Polo finished runners up in a tournament held in Biggleswade.

The team were undefeated in the group stage thanks to a draw against Ipswich and two wins against Hatfield and Hertford, and they then upped their performance in the semi-final, beating the hosts 6-2 with goals from Gough, Hilliard and Everett.

In the final CMK lost out 3-1 to local rivals Dunstable but the overall performance proved that the club can be competitive.

CMK have recently rebranded after MK Water Polo joined with the CMK Swimming Club.

TRIATHLON

THE inaugural TriStar Milton Keynes will be held in the city on July 29, just ten days before the Olympic triathlon.

There are two events, a beginner's race featuring a 300m swim, a 30km cycle and a 3km run and a longer race consisting of a 1km swim, a 100km cycle and a 10km run. For more information visit www.tristarmiltonkeynes.com.

SWIMMING

BLETCHLEY and District Swim Club hosted their eighth annual licensed open meet at Aqua Vale Leisure Centre and more than 200 swimmers from 11 clubs joining the 35 competitive host swimmers to compete in 162 races.

Head Coaches Phil Powell and Leigh Wright were delighted with the dedication and positive attitude from the Bletchley squad, which produced some outstanding results.

In total there were 111 personal best swims, 26 first places, nine second places and 16 third places. For more information about the club visit www.bletchleyswim.com.

GOLF

STANTONBURY Campus picked up first prize in the 18-hole main competition and Lord Grey School won the par three championship at the annual Secondary Schools Cup held at Abbey Hill Golf Centre.

ATHLETICS

THERE was silver for MK's Lewis Barnes (M17 Shot) and bronzes for Emanuela Motta (F17 Pole Vault) and Laeken Impey (F17 Hammer) at the South of England U17/U15 Championships.

TABLE TENNIS

GB will Bagg a tough draw

Olympian: Andrew Baggaley

ANDREW Baggaley knows that his first experience of an Olympic Games is very likely to be a baptism of fire.

The city player's preparations for the team table tennis competition at London 2012 are well under way ahead of the crucial draw on July 25, but he will have an extremely tough opening match.

Baggaley failed to qualify for the singles event so will instead take his place in a three-man Great Britain team along side Paul Drinkhall and Liam Pitchford.

With the hosts ranked 13th out of the 16 countries taking part, it means a first round clash with one of the top four seeds, China, Japan, South Korea or Germany, in the straight knock-out competition.

Matches involve singles and doubles games and the winner is the first country to rack up three victories.

It's a rapid format which could see Britain eliminated very quickly but Baggaley and the team also know that just two victories will see them playing for at least a bronze medal.

Baggaley, however, is looking no further than the first round.

He said: "It's going to be tough. We're going to play a top four team initially.

"If we all gel and play to the best of our abilities, I feel we can certainly scare them and beat them on our day."

China, the unquestionable powerhouse of the sport, are the one country who everyone wants to avoid.

Boasting three of the top players in the world, they are hot favourites for the gold medal and enjoy a long unbeaten streak in team competition.

Beating them in individual matches is a tough enough task but doing so using the team format is an even tougher mountain to climb.

"It's difficult to say you can beat China," Baggaley said. "To put it into context their B team played the A team just recently and beat them.

"The B team would be the best in Europe.

"We might not draw them, but if we do I'll go in with belief to try and beat them.

"It would take a phenomenal match for me to do it, but the Chinese are human.

"Table tennis is one man against another man, it's sport, and things can happen.

"We'll be on home soil and we'll have all the support behind us."

RUGBY LEAGUE

Wolves roar to their debut victory

MILTON Keynes Wolves have claimed their maiden victory – and they did it against the league leaders.

After steady improvement Wolves saw off St. Ives Roosters 38-24 in the Eastern League.

Head coach Gareth Edwards said: "I knew a win was coming, but honestly didn't expect it against the side who hadn't lost a game all season.

"I'm delighted – we've worked so hard in our games and come so close, but you can see how we've been improving in every game – and it's paid off.

"I know the lads were getting frustrated having put in all that effort and remained winless, but that shows that we have the talent to compete against the very best.

"Let's hope it gives us an appetite for victory."

Wolves drew with Kings Lynn Black Knights last week – the first time they had avoided defeat since forming this season – and that display gave them the platform to push on for the first win.

Forward Ed Kilby shone with strong running and defence from the start and it took just five minutes before MK debutant Richard Hill crashed over the line for the opening try.

The victory was even more impressive for Wolves as they had to come from behind after St Ives hit back with three unanswered tries to make the score 16-4.

Home players refused to give into pressure though and after taking advantage of a St Ives knock-on to score a try in the corner, Wolves ran riot with three further scores which put them 22-16 up at the half-time break.

After the restart Roosters again edged in front following two more tries, but Wolves finished like a house on fire, scoring three unanswered tries in the last 15 minutes of the game to seal the win.

The highlight was from skipper Kieran McConnell: a trade-mark who scored after a superb 50-yard run.

BASKETBALL

Lions learn their fixtures

MK LIONS have learnt how their season in the British Basketball League will pan out, if of course they have a place to play.

The city side are still searching for a permanent new home after they were ordered out of their Winterhill base to make way for a new shopping development.

No announcement on a new venue has been made and fears remain that they will have to move out of the city.

MK SPORT understands that a site in Fishermead is one of the possible options but time is running out as the season is due to start on September 21.

The club have been unable to tie down players due to the crisis.

Lions are scheduled to travel to BBL new boys Manchester Giants on opening night but their first home game has been pencilled in for just two days later on September 23, when Newcastle Eagles are supposed to be the visitors.

They have then been handed three more home games in October and the club has also been given home draws in both the BBL Cup and BBL Trophy, with Durham Wildcats and Cheshire Jets the respective opposition.

ICE HOCKEY

Bowers targets trophies in his seventh season

Back: Ross Bowers

ROSS Bowers said that Lightning would be challengeing for all three trophies on offer after signing on again with the city side.

The forward has agreed terms for the 2012/13 season which will be his seventh in Lightning colours.

"I'm really happy to be staying with Lightning for another season," forward Bowers said.

"Everybody involved with the club, from top to bottom, makes it such a special and enjoyable place to play.

"Like everyone else in the team, next year I'll be doing whatever I can to help win some more silverware as there are spaces in the trophy cabinet that need filling.

"I'm really excited about the team Nick's putting together and I'm sure we will be challenging for all three trophies.

"We have the best fans in the league bar none and we all want to give them something to cheer about."

Bowers, a graduate from MK Thunder who is considered as one of the teams' 'characters', has also played Elite League ice hockey for Basingstoke Bison.

Head coach Nick Poole said: "Ross is a fantastic lad and a real talent and we are pleased to have him commit to us for another season.

"He's a strong skater with a great release that has the potential to really add to our offense.

"I know he is looking to make hockey more of a priority this coming season.

"Having a talent like him gives us real depth as he can play in several situations and will provide the forward players with competition for ice time."

MKSPORT
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Bowers back in the ranks at Lightning - page 59

Pain: Skipper Dean Lewington as Dons returned to training

Picture: Andy Handley.

Skip's pain stuck around

SKIPPER Dean Lewington has admitted that the pain of Dons' play-off exit to Huddersfield stayed with him throughout the summer break.

But the club captain said that the heartache is now out of his system – replaced by positive vibes ahead of another promotion push.

The left back said: "I watched the game again about three weeks later as my mum and dad had recorded it.

"It felt like it did on the night really, it's one of those things that doesn't really go away.

"All summer it stays in your mind, every time you see a game of football you think about it. You hear that Huddersfield are signing players for the Championship and things.

"But I think that initial disappointment's gone now and it's a case of trying to do it this year, trying to focus on what we can do to change it."

Dons won the second-leg of their play-off semi 2-1 at the Galpharm Stadium but were knocked out after losing 2-0 at stadiummk first up.

It was a brave performance in the second leg which Lewington believes the team can ultimately take positives from.

He said: "We're confident because of the way we finished last year, and the way that last game was even though we went out.

"If we can replicate that game and the way we played then I think there's a lot of encouragement.

"I think a lot of people saw that and thought that we can do well, and with every player staying and the manager staying there's positives at the moment.

"Hopefully we can take that forward."

Spanish striker is on the radar

BY DAN PALMER
dan.palmer@mk-news.co.uk

DONS are understood to be running the rule over Spanish striker Juan Francisco García Peña.

The 22-year-old is believed to have linked up with Karl Robinson's squad who are currently in the middle of a training camp in the Republic of Ireland.

Also known as Juanfri, the forward has been on the books of La Liga outfit Malaga where he regularly appeared for their reserve side.

Robinson is interested in bringing in another striker to provide support for current forwards Charlie MacDonald and Jabo Ibehre.

Juanfri's style of football is similar to the Dons' passing philosophy and the player is keen on a move to England after red tape scuppered an earlier bid to move to this country when he was younger.

He could feature in two friendlies Dons have lined-up in Ireland, against part-timers St James' Gate and Whitehall Rangers on Monday and July 25 respectively.

However, Juanfri is not thought to have much English so the language barrier could prove to be a problem.

Other trialists are expected to be looked at during the Irish trip with recently released Everton forward Jose Baxter also rumoured to be in the frame.

Dons have already taken a look at 35-year-old striker Deon Burton, who trained with the club at Woughton on the Green after last featuring for Azerbaijan club side FC Gabala.

Robinson will not be rushed on any new arrivals though and remains most pleased that he has tied down every player from last season – including Alan Smith who made his loan move permanent last week.

Darren Potter, Stephen Gleeson, Jay O'Shea and Tom Flanagan have all extended their stay at stadiummk in recent weeks to ensure that the squad aiming for promotion in 2012/13 will have a familiar feel about it.

New right back Jon Otsemobor is the only fresh face after the former Sheffield Wednesday defender was brought in on a free transfer.

Robinson told the club's website: "I wanted to secure the current crop and it is a great testament to the chairman that he has allowed us to keep all of our players.

"We have kept our team and that was my main aim, to build on last year.

"We know where we are at, we know where we want to improve and what we didn't do last year. The stability will stand us in good stead.

"Of course, I would still like to sign two or three more just to bolster the squad and make it a competitive team."

Robinson has also hailed the impact of his new coaching staff who have been settling into their roles following their appointments over the summer.

Mick Harford has replaced retiring John Gorman as assistant manager, former Arsenal striker Ian Wright is the club's new first team coach and Alex Rae has returned as chief scout.

"Mick's a very imposing type of character and he was excited to get started," the manager said.

"Wrighty wasn't off the phone for four days before hand, saying he couldn't wait, and Mick's been the same.

"Alex is here as well which gives us great strength in depth on the coaching side.

"I think amongst them they must have more than 1,000 appearances.

"Between them they've won Premier Leagues, FA Cups and Championships and they've got international caps to their name as well."

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J2F226XA	Drawing with Pastels - an Introduction	Rivers ACE Centre	13/10/2012	Sat	10:00	16:00	1 day	£40	£32	A relaxing day trying out this versatile medium
J2A204CA	Dressmaking for All	Stantonbury Campus	17/09/2012	Mo	19:00	21:00	10 wks	£105	£84	For learners with varying experience. You will need your own machine
J2B269WQ	Fashion - City & Guilds Level 1 Certificate	MK Academy	25/09/2012	Tu	19:00	21:00	30 wks	£300	£0	Fashion illustration combined with garment design and construction skills
J2B264WQ	Film Studies - AS Level	MK Academy	18/09/2012	Tu	19:00	21:30	3 terms	£330	£0	Explore a range of genres and the work of seminal film makers
J2B248XQ	Interior Design - City & Guilds Level 1 Award	Rivers ACE Centre	18/09/2012	Tu	19:00	21:00	15 wks	£165	£0	Create designs, mood boards and plans for a bedroom and a bathroom
J2F223GA	Jewellery - an Introduction	Great Linford Arts Workshop	15/09/2012	Sat	10:00	16:00	1 day	£46	£38	Create a simple piece to take home. Fee includes basic materials
J2F230GA	Jewellery - an Introduction	Great Linford Arts Workshop	17/11/2012	Sat	10:00	16:00	1 day	£46	£38	Create a simple piece to take home. Fee includes basic materials
J2B266GA	Jewellery & Silversmithing - Beginners*	Great Linford Arts Workshop	25/09/2012	Tu	13:00	15:00	10 wks	£120	£96	An introduction to silversmithing and jewellery design
J2D256GA	Jewellery & Silversmithing - Beginners*	Great Linford Arts Workshop	27/09/2012	Th	19:00	21:00	10 wks	£120	£96	An introduction to silversmithing and jewellery design
J2B274GQ	Jewellery & Silversmithing - City & Guilds Level 1 Award*	Great Linford Arts Workshop	25/09/2012	Tu	10:00	12:00	15 wks	£210	£0	An introduction to working to commission
J2A210GA	Jewellery & Silversmithing - Project Based*	Great Linford Arts Workshop	24/09/2012	Mo	19:00	21:00	10 wks	£120	£96	Move on from Beginners to more adventurous projects
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J2C289XA	Landscape Techniques in Watercolour - Beginners	Rivers ACE Centre	26/09/2012	We	12:30	14:30	10 wks	£105	£84	Step-by-step guidance to produce finished landscape paintings
J2C277XA	Landscape Techniques in Watercolour - Intermediate/Advanced	Rivers ACE Centre	26/09/2012	We	10:00	12:00	10 wks	£105	£84	For experienced learners who are confident in landscape techniques
J2B262GA	Life Drawing - Advanced	Great Linford Arts Workshop	25/09/2012	Tu	19:00	21:00	10 wks	£135	£111	For learners with some previous experience of drawing who want to focus on the figure. Fee includes model costs
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J2D249XA	Machine Sewing - Absolute Beginners	Rivers ACE Centre	20/09/2012	Th	10:00	12:00	6 wks	£63	£50	Simple practical or seasonal projects for those new to using a machine
J2D254XA	Machine Sewing - Absolute Beginners	Rivers ACE Centre	08/11/2012	Th	10:00	12:00	6 wks	£63	£50	Simple practical or seasonal projects for those new to using a machine
J2A208XA	Machine Sewing - Beginners and Improvers	Rivers ACE Centre	24/09/2012	Mo	12:30	14:30	10 wks	£105	£84	Choose to make clothes from commercial patterns or small made-to-measure home furnishings
J2C280XA	Machine Sewing - Beginners and Improvers	Rivers ACE Centre	26/09/2012	We	19:00	21:00	10 wks	£105	£84	Choose to make clothes from commercial patterns or small made-to-measure home furnishings
J2F236XA	Machine Sewing Basics	Rivers ACE Centre	15/09/2012	Sat	10:00	16:00	1 day	£40	£32	For total beginners; how to thread a machine and sew straight seams
J2F241XA	Machine Sewing for Fetes and Fayres	Rivers ACE Centre	10/11/2012	Sat	10:00	16:00	1 day	£46	£38	Tree trimmings and small gifts in seasonal prints. Fee includes basic materials
J2F219XA	Make Do & Mend Weekend - Fabric Printing for Vintage Fashion	Rivers ACE Centre	24/11/2012	Sat	10:00	16:00	1 day	£46	£38	Be inspired by the fun floral or kinetic prints of the optimistic era of the 1950s. Fee includes basic materials
J2G243XA	Make Do & Mend Weekend - Recycled Fabric Projects	Rivers ACE Centre	25/11/2012	Su	11:00	15:00	1 day	£25	£19	Cushion covers and bags from remnants and recycled fabrics. Fee includes basic materials but you are welcome to bring your own
J2F218XA	Make Do & Mend Weekend - Sculpture from Found Objects	Rivers ACE Centre	24/11/2012	Sat	10:00	16:00	1 day	£46	£38	Playful and inventive approaches to 3D construction. Fee includes basic materials
J2G242XA	Make Do & Mend Weekend - Upcyling Ideas	Rivers ACE Centre	25/11/2012	Su	11:00	15:00	1 day	£30	£24	Convert ugly, dated or worn objects into attractive 'conversation pieces'. Fee includes basic materials
J2B259XA	Painting - Acrylics for All	Rivers ACE Centre	25/09/2012	Tu	10:30	12:30	10 wks	£105	£84	This is the ideal medium for novice painters or those who find watercolours too tricky
J2F229XA	Painting in Acrylics - an Introduction	Rivers ACE Centre	10/11/2012	Sat	10:00	16:00	1 day	£46	£38	This is the ideal medium for novice painters or those who find watercolours too tricky. Fee includes basic materials
J2C290CA	Painting in Acrylics - Beginners	Stantonbury Campus	19/09/2012	We	19:00	21:00	10 wks	£105	£84	The ideal medium for novice painters or those who find watercolours too tricky
J2D251XA	Painting in Oils - Beginners & Improvers	Rivers ACE Centre	27/09/2012	Th	10:00	12:00	10 wks	£105	£84	Learn or refresh your skills using both brushes and palette knife
J2F235XA	Portrait Drawing - an Introduction	Rivers ACE Centre	06/10/2012	Sat	10:00	16:00	1 day	£40	£32	How to capture likeness through understanding anatomy, shape and form
J2F225GA	Pottery - an Introduction	Great Linford Arts Workshop	15/09/2012	Sat	10:00	16:00	1 day	£46	£38	Learn a range of interesting techniques & prepare your first pot for firing. Fee includes materials
J2D250GA	Pottery - Beginners	Great Linford Arts Workshop	27/09/2012	Th	19:00	21:00	10 wks	£105	£84	Moulding and throwing for both new and continuing learners
J2B275GA	Pottery for All	Great Linford Arts Workshop	25/09/2012	Tu	10:00	12:00	10 wks	£105	£84	A flexible mixed ability approach with sturctured support for new learners
J2F238XA	Printmaking - an Introduction	Rivers ACE Centre	22/09/2012	Sat	10:00	16:00	1 day	£40	£32	Create effective monotype/monoprints using a small press
J2E200XA	Silk Painting for Beginners	Rivers ACE Centre	28/09/2012	Fr	10:30	12:30	5 weeks	£53	£42	Beautiful watercolour effects with the added benefit of being wearable
J2A212XA	Stained Glass - Advanced	Rivers ACE Centre	17/09/2012	Mo	19:00	21:30	12 wks	£158	£126	For learners moving on from Level 1 or 2; City & Guilds accreditation can be offered as an optional extra
J2F224XA	Stained Glass - an Introduction - Copper Foil	Rivers ACE Centre	13/10/2012	Sat	10:00	16:00	1 day	£40	£32	Learn how to cut and join glass safely to make decorations
J2F240XA	Stained Glass - an Introduction - Leaded Panels	Rivers ACE Centre	17/11/2012	Sat	10:00	16:00	1 day	£40	£32	Basic techniques to cut and join glass safely to create a small traditional leaded panel
J2D253XQ	Stained Glass - City & Guilds Level 1 Award	Rivers ACE Centre	20/09/2012	Th	19:00	21:30	12 wks	£165	£0	Gain a beginners qualification in design and crafting with lead came or copper foil
J2C284XA	Upholstery - Beginners & Improvers	Rivers ACE Centre	26/09/2012	We	19:00	21:30	8 wks	£105	£84	Professional techniques to recover a small antique or modern piece
J2A201GA	Watercolour Painting - Absolute Beginners	Great Linford Arts Workshop	24/09/2012	Mo	19:00	21:00	10 wks	£105	£84	Develop basic skills with this delightful medium
J2A205ZA	Watercolour Painting - Absolute Beginners	MK Gallery	24/09/2012	Mo	14:00	16:00	10 wks	£105	£84	Develop basic skills with this delightful medium
J2B276XA	Watercolour Painting - Improvers	Rivers ACE Centre	25/09/2012	Tu	10:00	12:00	10 wks	£105	£84	New themes and approaches for learners moving on from Beginners
J2B261XA	Watercolour Painting - Intermediate	Rivers ACE Centre	25/09/2012	Tu	13:30	15:30	10 wks	£105	£84	Build your confidence with new techniques and approaches
J2D255GA	Watercolour Painting for All	Great Linford Arts Workshop	27/09/2012	Th	19:30	21:30	10 wks	£105	£84	A flexible mixed ability approach with structured support for new learners
J2F232XA	Watercolour Workshop	Rivers ACE Centre	10/11/2012	Sat	10:00	16:00	1 day	£40	£32	A stimulating day learning all about watercolours and producing a painting
J2D245ZA	Watercolours & Other Media - Intermediate	MK Gallery	27/09/2012	Th	10:15	12:15	10 wks	£105	£84	New themes and approaches for learners moving on from Improvers
J2F239GA	Woodcarving - an Introduction	Great Linford Arts Workshop	17/11/2012	Sat	13:00	16:00	1 day	£19	£15	Create a simple relief from your own or the tutor's design
J2F222GA	Woodturning - an Introduction	Great Linford Arts Workshop	15/09/2012	Sat	10:00	16:00	1 day	£40	£32	Find out if this craft is for you before investing in any tools
Creative Writing										
J2F221XA	Creative Writing - Children's Books & Stories	Rivers ACE Centre	20/10/2012	Sat	10:00	16:00	1 day	£40	£32	Mainly aimed at writing for children & teenagers, but relevant to all budding writers
J2B273WA	Creative Writing - Novel Writing for Beginners	MK Academy	09/10/2012	Tu	19:00	21:00	8 wks	£105	£84	How to structure, plan and write for a range of genres and audiences
J2F220XA	Creative Writing - Short Stories - an Introduction	Rivers ACE Centre	20/10/2012	Sat	10:00	16:00	1 day	£40	£32	Insights into plot construction and characterisation
Dance										
J2B260XA	Dance - Ballet - Advanced	Rivers ACE Centre	25/09/2012	Tu	20:45	21:45	11 wks	£58	£46	For learners with some experience who want to develop a classical routine
J2A206XA	Dance - Ballet - Beginners	Rivers ACE Centre	24/09/2012	Mo	19:15	20:15	11 wks	£58	£46	Basic barre work for beginners or those who haven't practised since childhood
J2C286XA	Dance - Ballet - Improvers	Rivers ACE Centre	26/09/2012	We	20:45	21:45	11 wks	£58	£46	For learners moving on from Ballet - Beginners
J2A202CA	Dance - Ballroom & Latin American - Absolute Beginners	Stantonbury Campus	17/09/2012	Mo	19:00	20:00	10 wks	£53	£42	Tango, waltz or cha-cha-cha - the choice is yours
J2A209CA	Dance - Ballroom & Latin American - Improvers	Stantonbury Campus	17/09/2012	Mo	20:15	21:15	10 wks	£53	£42	Move on from Beginners to learn new dances and improve your technique
J2C283CA	Dance - Bollywood for Beginners	Stantonbury Campus	19/09/2012	We	19:00	20:00	10 wks	£53	£42	Enjoy the distinctive music and movement of this popuar dance style
J2B263XA	Dance - Jazz - Intermediate	Rivers ACE Centre	25/09/2012	Tu	19:30	20:30	11 wks	£58	£46	Learners have the option of taking dance examinations
J2D247XA	Dance - Tap - Advanced	Rivers ACE Centre	27/09/2012	Th	20:45	21:45	11 wks	£58	£46	For learners moving on from Tap Intermediate
J2C279XA	Dance - Tap - Beginners	Rivers ACE Centre	26/09/2012	We	18:15	19:15	11 wks	£58	£46	For absolute beginners and those returning after a long break
J2D246XA	Dance - Tap - Improvers	Rivers ACE Centre	27/09/2012	Th	19:30	20:30	11 wks	£58	£46	For learners moving on from Tap Beginners/Beginners Plus
J2C278XA	Dance - Tap - Intermediate	Rivers ACE Centre	26/09/2012	We	19:30	20:30	11 wks	£58	£46	For learners moving on from Tap Improvers
Music										
J2F233XA	Singing - Find Your Voice	Rivers ACE Centre	10/11/2012	Sat	10:00	16:00	1 day	£40	£32	Have a go at singing in a relaxed and friendly group, with no pressure to perform on your own
J2B272WA	Music - Keyboards for Beginners	MK Academy	18/09/2012	Tu	18:45	20:15	10 wks	£79	£63	Learn the basics by playing popular songs. Keyboards are provided
J2C282CP	Music and Drama	Stantonbury Campus	19/09/2012	We	19:30	21:30	10 wks	£53	£53	For adults with learning difficulties or disabilities
J2B268WA	Music Technology - Beginners	MK Academy	25/09/2012	Tu	19:00	21:00	10 wks	£105	£84	Use Sibelius and Cu-base to compose, mix and record
J2A203CA	Guitar - Acoustic - Beginners	Stantonbury Campus	24/09/2012	Mo	18:30	20:00	10 wks	£79	£63	You will need your own guitar and time to practise between sessions
J2A207CA	Guitar - Acoustic - Beginners Plus	Stantonbury Campus	24/09/2012	Mo	20:00	21:30	10 wks	£79	£63	For learners who have completed a Beginners course in the recent past
English, ESOL and Maths - we offer courses at all levels from Entry 1 to GCSE Higher. Please phone 01908 556703 to book a skills check so we can enrol you on the course which is the right level for you										
General Interest										
K2A200LA	Family History - First Steps	CMK Library	24/09/2012	Mo	18:30	20:30	5 wks	£53	£42	The essential introduction to tracing your family tree
K2A201LA	Family History - Next Steps	CMK Library	05/11/2012	Mo	18:30	20:30	5 wks	£53	£42	How to use less common records to trace your family history
K2C206ZA	Bletchley Park - Home of the Code Breakers	Bletchley Park	14/11/2012	We	10:00	15:00	1 day	£32	£26	Discover the pre war history of the Park, some of the characters associated with the secret work carried out and visit rare War archive of GCHQ material.
K2F202XA	Understanding Architecture - Tudor and Stuart Periods	Rivers ACE Centre	24/11/2012	Sat	10:00	16:00	1 day	£40	£32	Investigate the influences from other countries on English architectural developments 1485 -1702
K2F203XA	Local History - Romans in Milton Keynes	Rivers ACE Centre	13/10/2012	Sat	10:00	16:00	1 day	£40	£32	They came, saw and conquered … whom exactly? Who were the 'Britons' at the time of the Roman invasion?
K2F204XA	Local History - Saxons in Milton Keynes	Rivers ACE Centre	24/11/2012	Sat	10:00	16:00	1 day	£40	£32	England before the English; who were Anglo-Saxons?

£5 off 10 hour or longer courses booked by 24 August

Code Code	Title	Venue	Start Date	Days	Start Time	End Time	Length	Full Fee	Concess Fee	Brief description – please visit www.milton-keynes.gov.uk/ace for more information
Languages										
One Day Courses										
M2F200XA	All Day French - Absolute Beginners	Rivers ACE Centre	06/10/2012	Sat	10:00	16:00	1 day	£40	£32	Survival language for busy people
M2F201XA	All Day Italian - Absolute Beginners	Rivers ACE Centre	06/10/2012	Sat	10:00	16:00	1 day	£40	£32	Survival language for busy people
M2F202XA	All Day Spanish - Absolute Beginners	Rivers ACE Centre	13/10/2012	Sat	10:00	16:00	1 day	£40	£32	Survival language for busy people
M2F249XA	Multi-language Day	Rivers ACE Centre	24/11/2012	Sat	10:00	16:00	1 day	£40	£32	Enjoy a taster in a community language
Longer Courses										
M2B203WA	Chinese (Mandarin) - First Steps	MK Academy	18/09/2012	Tu	19:00	20:30	5 wks	£40	£32	For learners who have no knowledge of the language
M2B205WA	Chinese (Mandarin) - Next Steps	MK Academy	06/11/2012	Tu	19:00	20:30	15 wks	£118	£95	For learners who have completed First Steps or equivalent
M2C204XA	Chinese (Mandarin) - Advanced	Rivers ACE Centre	19/09/2012	We	19:00	21:00	10 wks	£105	£84	For learners who have completed Intermediate/GCSE or equivalent in the recent past
M2B207WA	French - First Steps	MK Academy	18/09/2012	Tu	19:00	20:30	5 wks	£40	£32	For learners who have no knowledge of the language
M2C208XA	French - First Steps	Rivers ACE Centre	19/09/2012	We	10:00	11:30	5 wks	£40	£32	For learners who have no knowledge of the language
M2B210WA	French - Next Steps	MK Academy	06/11/2012	Tu	19:00	20:30	15 wks	£118	£95	For learners who have completed First Steps or equivalent
M2C237XA	French - Next Steps	Rivers ACE Centre	07/11/2012	We	10:00	11:30	15 wks	£118	£95	For learners who have completed First Steps or equivalent
M2D236XA	French - Intermediate	Rivers ACE Centre	20/09/2012	Th	10:00	12:00	10 wks	£105	£84	For learners who have completed 120 hours in the recent past
M2A235CA	French - Intermediate	Stantonbury Campus	24/09/2012	Mo	19:00	21:00	10 wks	£105	£84	For learners who have completed 120 hours in the recent past
M2B206XA	French - Advanced	Rivers ACE Centre	25/09/2012	Tu	10:00	12:00	10 wks	£105	£84	A chance to develop reading, writing and grammar as well as speaking and listening skills
M2B211WA	German - First Steps	MK Academy	18/09/2012	Tu	19:15	20:45	5 wks	£40	£32	For learners who have no knowledge of the language
M2B212WA	German - Next Steps	MK Academy	06/11/2012	Tu	19:15	20:45	15 wks	£118	£95	For learners who have completed First Steps or equivalent
M2C238XA	German - Moving on to Advanced	Rivers ACE Centre	19/09/2012	We	19:00	21:00	10 wks	£105	£84	For learners who have completed an Intermediate course in the recent past
M2B240WA	Italian - First Steps	MK Academy	18/09/2012	Tu	19:00	20:30	5 wks	£40	£32	For learners who have no knowledge of the language
M2C233XA	Italian - First Steps	Rivers ACE Centre	19/09/2012	We	10:00	11:30	5 wks	£40	£32	For learners who have no knowledge of the language
M2B242WA	Italian - Next Steps	MK Academy	06/11/2012	Tu	19:00	20:30	15 wks	£118	£95	For learners who have completed First Steps or equivalent
M2C234XA	Italian - Next Steps	Rivers ACE Centre	07/11/2012	We	10:00	11:30	15 wks	£118	£95	For learners who have completed First Steps or equivalent
M2A241XA	Italian - Improvers	Rivers ACE Centre	17/09/2012	Mo	13:00	14:30	20 wks	£210	£168	For learners who have completed 40-60 hours in the recent past
M2C239XA	Italian - Advanced	Rivers ACE Centre	19/09/2012	We	19:00	21:00	10 wks	£105	£84	For learners who have reached A-level standard and want to improve their listening and speaking skills
M2D221XA	Japanese - First Steps	Rivers ACE Centre	20/09/2012	Th	19:00	20:30	5 wks	£40	£32	For learners who have no knowledge of the language
M2D222XA	Japanese - Next Steps	Rivers ACE Centre	08/11/2012	Th	19:00	20:30	15 wks	£118	£95	For learners who have completed First Steps or equivalent
M2B223XA	Japanese - Improvers	Rivers ACE Centre	18/09/2012	Tu	19:00	21:00	20 wks	£210	£168	For learners who have completed 40-60 hours in the recent past
M2C250XA	Japanese - Moving on to Advanced	Rivers ACE Centre	19/09/2012	We	19:00	21:00	10 wks	£105	£84	For learners who have completed an Intermediate course in the recent past
M2B217XA	Lip-reading - Beginners	Rivers ACE Centre	18/09/2012	Tu	19:00	20:30	10 wks	£79	£63	Discounts available for learners referred by GPs or Audiology
M2A218XA	Lip-reading - Improvers	Rivers ACE Centre	17/09/2012	Mo	10:00	11:30	10 wks	£79	£63	Discounts available for learners referred by GPs or Audiology
M2B215WA	Polish - First Steps	MK Academy	18/09/2012	Tu	19:00	20:30	5 wks	£40	£32	For learners who have no knowledge of the language
M2B216WA	Polish - Next Steps	MK Academy	06/11/2012	Tu	19:00	20:30	15 wks	£118	£95	For learners who have completed First Steps or equivalent
M2A213XA	Portuguese - First Steps	Rivers ACE Centre	17/09/2012	Mo	19:00	20:30	5 wks	£40	£32	For learners who have no knowledge of the language
M2A214XA	Portuguese - Next Steps	Rivers ACE Centre	05/11/2012	Mo	19:00	20:30	15 wks	£118	£95	For learners who have completed First Steps or equivalent
M2A219CA	Russian - First Steps	Stantonbury Campus	17/09/2012	Mo	19:00	20:30	5 wks	£40	£32	For learners who have no knowledge of the language
M2A220CA	Russian - Next Steps	Stantonbury Campus	05/11/2012	Mo	19:00	20:30	15 wks	£118	£95	For learners who have completed First Steps or equivalent
M2B251XA	Russian - Advanced	Rivers ACE Centre	25/09/2012	Tu	19:30	21:30	10 wks	£105	£84	For learners who have reached A-level standard and want to improve their listening and speaking skills
M2C243XA	Sign Language - First Steps	Rivers ACE Centre	19/09/2012	We	10:00	11:30	5 wks	£40	£32	For learners who have no knowledge of British Sign Language
M2C244XA	Sign Language - Next Steps	Rivers ACE Centre	07/11/2012	We	10:00	11:30	15 wks	£118	£95	For learners who have completed First Steps or equivalent
M2A247XQ	Sign Language Level 1	Rivers ACE Centre	17/09/2012	Mo	18:45	21:00	3 terms	£354	£0	Basic BSL qualification - useful for all front-line staff
M2C246XQ	Sign Language Level 1	Rivers ACE Centre	19/09/2012	We	12:30	14:45	3 terms	£354	£0	Basic BSL qualification - useful for all front-line staff
M2D245XA	Sign Language Level 2	Rivers ACE Centre	20/09/2012	Th	18:45	21:00	3 terms	£525	£420	Step up from Level 1 BSL with the option to take a Level 2 qualification
M2A226XA	Spanish - First Steps	Rivers ACE Centre	17/09/2012	Mo	19:00	20:30	5 wks	£40	£32	For learners who have no knowledge of the language
M2B224XA	Spanish - First Steps	Rivers ACE Centre	18/09/2012	Tu	10:00	11:30	5 wks	£40	£32	For learners who have no knowledge of the language
M2B225WA	Spanish - First Steps	MK Academy	18/09/2012	Tu	19:00	20:30	5 wks	£40	£32	For learners who have no knowledge of the language
M2A232XA	Spanish - Next Steps	Rivers ACE Centre	05/11/2012	Mo	19:00	20:30	15 wks	£118	£95	For learners who have completed First Steps or equivalent
M2B231XA	Spanish - Next Steps	Rivers ACE Centre	06/11/2012	Tu	10:00	11:30	15 wks	£118	£95	For learners who have completed First Steps or equivalent
M2B233WA	Spanish - Next Steps	MK Academy	06/11/2012	Tu	19:00	20:30	15 wks	£118	£95	For learners who have completed First Steps or equivalent
M2B228WA	Spanish - Improvers	MK Academy	18/09/2012	Tu	19:00	21:00	20 wks	£210	£168	For learners who have completed 40-60 hours in the recent past
M2C229XA	Spanish - Improvers	Rivers ACE Centre	19/09/2012	We	10:00	12:00	20 wks	£210	£168	For learners who have completed 40-60 hours in the recent past
M2A227XQ	Spanish - GCSE	Rivers ACE Centre	17/09/2012	Mo	19:00	21:00	3 terms	£230	£0	For learners who have completed 120 hours in the recent past
M2C248XQ	Spanish - GCSE	Rivers ACE Centre	18/09/2012	We	10:00	12:00	3 terms	£230	£0	For learners who have completed 120 hours in the recent past
M2D230XQ	Spanish - AS	Rivers ACE Centre	20/09/2012	Th	19:00	21:30	3 terms	£340	£0	For learners who have completed GCSE or Intermediate or equivalent
Education and Support Work in Schools										
N2B204XQ	Award in Preparing to Teach in the Lifelong Learning Sector	Rivers ACE Centre	25/09/2012	Tu	09:30	12:00	15 wks	£237	£237	This qualification provides an introduction to teaching and training adults
N2D205XQ	Award in Preparing to Teach in the Lifelong Learning Sector	Rivers ACE Centre	27/09/2012	Th	18:30	21:00	15 wks	£237	£237	This qualification provides an introduction to teaching and training adults
N2D201XF	Support Work in Schools - Induction Day	Rivers ACE Centre	20/09/2012	Th	09:30	12:30	1 day	£0	£0	
N2E202XF	Support Work in Schools - Induction Day	Rivers ACE Centre	21/09/2012	Fr	09:30	12:30	1 day	£0	£0	
N2D200XQ	Support Work in Schools - Level 2 Certificate	Rivers ACE Centre	27/09/2012	Th	09:30	12:00	30 wks	£387	£0	Applicants who have not attended the Preparing to Work in Schools short course will need to attend the induction on 20/09/12
N2E203XQ	Support Work in Schools - Level 3 Certificate	Rivers ACE Centre	28/09/2012	Fr	09:30	12:00	30 wks	£387	£0	Applicants who have not attended the Preparing to Work in Schools short course will need to attend the induction on 21/09/12. You will need to have a work placement in a school to achieve this level 3 qualification.

ACE fee policy 2012-13

Reduced fees on course codes ending in Q

You do not need to pay the full fee on courses leading to a qualification if you are:

- Over 16 and under 19 on 31/08/2012
- Unemployed and in receipt of JSA or ESA (Work Related Group)
- Unemployed in receipt of income-based benefit and believe the qualification will help you get a job or set up your own business

You will need to enrol in person and show us evidence of your age or benefit at the time of enrolment.

Reduced fees on course codes ending in A

You do not need to pay the full fee on personal development courses if you are 65 or over, receive certain benefits or allowances or are the unwaged dependant of someone in receipt of an income-based benefit. Please visit our website or phone us to check whether you are entitled to a 20% concession.

You will need to enrol in person and show us evidence of your age or benefit at the time of enrolment.

Help for learners with disabilities and/or learning difficulties

We are committed to ensuring that people with disabilities are not disadvantaged for reasons relating to their disability. We will make reasonable changes to meet your specific needs. Please ask us for our leaflet Accessible ACE or contact us to arrange an informal, confidential meeting:

T: 01908 556751
E: ritu.hunjan@milton-keynes.gov.uk
Or via Text Relay

Job Clubs

ACE is working with Milton Keynes College, Women and Work and the National Careers Service to offer free employment and training advice and employability workshops in Job Clubs throughout Milton Keynes. For an up to date location list and timetable please visit:

www.milton-keynes.gov.uk/neighbourhood-employment-programme

or phone 01908 556700

Contact ACE

Enquiries	**01908 556700**
Enrolments	**01908 556760**
English and Maths	**01908 556703**
Email	**adult.education@milton-keynes.gov.uk**
Web	**www.milton-keynes.gov.uk/ace**
Address	**Rivers ACE Centre, Trent Road, Bletchley MK3 7BB**

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MILTON KEYNES COUNCIL